

 A Booke of
the propertyes
of herbes the
which is cal
led an Her
bal.



**De virtutibus herbarum et p[ro]p[ri]e
modo de littera. A.**

Agnus castus.



This herbe Agnus
castus that me do
call Cute. . . .
otherwyle Parke
leues / this hath le
ues somdele reed
lyke vnto y leues
of Orage / and this herbe hath se
nowes on hys leues as hath Plan
tayne / and it hath yelow flowers
bereth black berys and it groweth
in dry wodes / y vertue of thys herbe
is / it wyll kepe men & women chaste
for as discolydron & Placens do
saye / this herbe is called Agnus
castus / for y knowlege an y vse of
this herbe maketh men chaste. All
this herbe wyll open the poores
man and let out wycked humour
and spytes of his body / this herbe
destroeth

destroiet the moyſture of mannes
ſede. Alſo the ſame Auctour ſayth ꝑ
ꝑf this be ſodē with ſenel in Aſell/
it is good to deſtroie ꝑ Droꝑſie Alſo
if this herbe be ſoden with ſmalage
and Sage in ſalt water/and after
warde the hynder parte of a man-
nes heed be wel waſhed therwith
it heleth it and vnbryndeth an euell
that is called Bitarge. Alſo thys
herbe deſtroieth the ſeuere luſte of
Lechery and it be broken/oꝝ ꝑf it
be boꝝne about hym/therfoꝝe ſome
tyme they do ete it roſted/bycauſe
it ſhall kepe them chaſte/foꝝ ꝑf this
herbe be etyn rawe/it wyl engēden
heed ache. This herbe is good to
deſye the hardnes and ſtoppyng of
the Myle. Alſo a playſter of this
herbe is good to do awaye ache of
a mannes heed that is engendred
of wycked humours/ This herbe
is hote and drye in the .ii. degre.

¶ Aptum.

A. ii.

This

This herbe Apsum is a herbe that
me do call Smalage or Stamarche/
the vertue of this herbe is this. It
wyl make a man to pylse / & opyn
the stopynge of the lyuer / also the
seede of the herbe hardeneth a man-
nes wombe and it drawethe wyck-
ed humours of a mannes bodye
vnto the heed and to the stomake &
the wombe / and therfore it noyeth
them that haue the fallinge euyl &
to women that be with chylde / for
whan it drawethe suche humours
to the wombe and engendereth y
be the cause of Pestylence / and ther-
fore it is commaunded of leches y
women that be with chylde / & they
that kepe suckyng chyldren shold
not ete nor drynke of this herbe for
drede of y falling euyl / for it is hote
and drye / & they be spyes there of
the force is good for coldeplayster
tempered with flower and for scald-
yng this herbe is hote i y. i. degree

Auctun

Auetum.

This herbe Auetum that men
do call Aucte otherwyle **Dyl** / this
herbe hath leues lyke to fenell but
the seede is sondele brode as **Drage**
seede is the vertue of this herbe is
thus. It wpll make a man pssle / al-
so it swageth rumblyng in a man
nes wombe / and wycked wyndes
in the wombe also it destroyeth the
beringe / the seede of this herbe bñet
and layde vpon a wound it healeth
sone & namely yf a man be scalded
in his membre or on his yerde /
strowe the powder thereon & it shal
hele / or what maner of euyl that ry-
seth in a mannes yerde it shal be
hole in the same maner / a playster
made with the same powder & she-
pes talawe & blacke sope / is good
for y Emerald / this herbe is hote
and drye in the .ii. degre.

Apumerisus.

This herbe Apumerisus is cal-
led

led Cerfory or Cherulle / the vertue
of this herbe is and it be dronken
with wyne it shall make a man to
pyssle well / and it belyuereth a man
of ache in the raynes and in y^e blad
der / and it be drōken with wyne it
letteth out and vnbryndeth the wy
ked wyndes & vnstoppeth the wom
be and the lyuer of all maner wou
ndes. This herbe withholdeth cas
tyng. Also a playster made with
this herbe tempered with Aysell de
stroyeth wyldc fyre and heleth the
Canker and al other woundes / th^{is}
herbe is one of y^e Smalaches. And
it is hote and drye.

¶ Abstatium.

¶ This herbe is called worne
woode. The vertue of th^{is} herbe is
It is good to comfote the harte &
clense the stomoke. Galyen sayeth
that th^{is} herbe hath .ii. vertues / one
is laxatrye / and the other is cons
pulatrye Therfore Galyen sayeth
tha

that yf this herbe be gyuen to an
euyl/ of the which the mater is not
fully desyed/ it shall harde the sto-
make/ and let the degestion. And if
the matter be ryped/ it shall make
a man laxatpue/ & celsely put awaye
the mater. If this herbe be dronke
with Spiconarde / it swageth the
stomake and of the wombe that is
engendred of wycked wyues. Also
yf this herbe be tēpred with hony/
it wyll ease the swellynge in a man
nes mouthe / Also it dothe awaye
the blacke myste in a mannes eyes
and clereth the syght / and if this
herbe be powred with the gall of a
Bull / and afterwarde put into a
mannes eyes/ it putteth awaye all
maner impedymentes of the syght.

¶ Arthamestia.

¶ This herbe is called Mug-
worste/ the vertue of this herbe is
thus/ If a mā bere th^e herbe about
hym he shall not be wery of trau-
lynge

lynge in his way | Also yf this herbe
be be poisoned with talowe / it he-
leth the sozenes of mannes fete / &
akynge also . And if it be within a
howse / there shall no wycked spy-
ryte abyde . Also yf this herbe be
stamped and tempered with run-
nyng water it heleth the akynge
of a mannes guttes & many other
euylles . This herbe is hote and
drye in the .ii. degre .

¶ Affodyllus.

¶ This herbe is called Affodyll /
The vertue of the herbe is that the
leues ben good to hele the dropsy /
and the leues of y flowres be good
to be dronken to hele venim of wic-
ked bestes / also the iuce of this her-
be and Myre and Saffron tem-
pered to gyther in whyte wyne & a
lyttell boyled ouer the fyre / & clen-
sed thouroughe a clothe / is good to
hele rynnynge eyes / also the rote of
this herbe brent to power / is good
to hele

to hele soze eres and to restoze the
agayne. also take an harde clothe þ
is roughe and wete it in the ioyce
of the herbe and rubbe that Mox
phewe therwith syttinge agaynst
the sone and it shall do abraye the
Moxphew. this herbe is hote and
dye in the .ii. degre.

¶ Aristologia longa.

¶ This herbe men do call it Red
mader / the vertue of this herbe is
thus It wyll vnbynde the liop
pyng of the lyuer & let passe wy
ked wyndes that be stopped with
in a mānes body / also yf it be dron
ken with wyne it clenseth and pur
geth all men of al maner of benym
that is in a mannes body . Also it
clenseth and purgeth all maner of
dyleases that be roted within and
without in the baynes and in the
thethe that ben rotten. This herbe
is hote and dye / and it muste be
gathered in herueste / there be .ii.

A. b. spyes

spyes therof. 

Aristologia rotunda.

This herbe Aristologia rotunda men do call it Galyngale meke/ the vertue of this herbe is thus/as Epocras dothe say If the sayd herbe be dronken with hote wate/thā it is medicynable and curable for those men that be stopped in the breste/and for the swellynge euyl and for the Dodager/and for the Crampe/this herbe is hote & drye/ and it must be gathered in heruest and it is a spye of y reed Mader.

Abrotanum.

This herbe Abrotanum mē call it Sothernwode The vertu of this herbe is thus/that yf they breste the seide and drynke it with wate/it heleth men that haue ben bitten with any venemus beste/also this herbe destroyeth wormes in a mannes wōbe/ also powder of this herbe

herbe medled with barlymele bryn-
dyndeth and bryketh harde postu-
mes/also this herbe brynt and the
ashes medeled with oyle/it resto-
reth there as man lacke here / this
herbe is hote and drye.

¶ Ameos.

¶ This herbe Ameos hath leues
lyke vnto Elden/but they be lesse
and the sede is lyke persly sede. the
vertue of this herbe is thus/ if it be
tempered with hony it sleethe wor-
mes that be in a mannes body/and
it bryndeth the greate stoppyng
of wyndes/and it bryketh the stone
and it chafeth a mannes stomake
that is cold it chafeth the lyuer and
the raynes/and it healeth woundes
and the bytyng of venemous be-
estes / this herbe is hote and drye.

¶ Alleluya.

¶ This herbe Alleluya men call
it woodsoze or stubeworte/this her-
be hath .iii. leues of the which .ii.
be rounde

be rounde a lytel departed aboue /
and it hathe a whyte flower / but it
hathe no longe stalkes / & it is wynn
soze / and it is lyke .iii. leued grasse
the vertue of this herbe is thus Flo
it be rosted in the ashes in Reed
Docke leues or in reed worte leues
it freteth awaye dede fleshe of a
mounde / this herbe groweth mo
che in woodes.

¶ Asterion.

¶ This herbe Asterion groweth
amonge stones and in hyghe pla
ces this herbe sheweth by nyght /
this herbe hathe ye lowe flowres
hole and rounde as a Rockehel or
els lyke to foregloues / the leues
of this herbe be rounde and blewel
& they haue the marke of the mone
in the myddes / as it were .iii. leued
grasse / but the leues therof be more
and they be rounde as a peny / and
the stalke of this herbe is reed / and
this herbe semeth as it were muske
and

and the ioyce therof is yelowe /
it is this herbe groweth in the newe
dynnone without leues / & euery daye
asse spryngeth a newe lefe to the ende
of .xv. dayes / and after .xv. dayes
it loseth euery day a lefe as ymone
wanethe / and it spryngeth and wa
neth as doth the mone / and whete
it groweth there groweth grete
quante . The vertue of this her
be is thus / they that eate of the be
rrys of the herbe in wanyng of
ymone / whā he is in sygno virgi
nis / yf ye haue the fallynge euyl he
shalbe hole therof / or yf he bere this
herbe aboute hys necke he shalbe
holpen without doubte / & it hath
many other good vertues.

¶ Agrimonia.

¶ This herbe Agrimonia men
cal it Egrimony / the vertue of this
herbe is thus / & it be eten the her
be and the rote grene it heleth the
akynge of the wombe / also yf the
herbe

herbe be dyled and pūded to powder
der / & dronke with water is good to
for the same euyl: also the sayd herbe
be tempered with Aysell is good
to hele a wounde that is hurte with
pyon / alio this herbe bled in mete
is good to hele the akyng of softe
res in the mylte and it is good for
Creptys.

¶ Auancia.

¶ This auancia is called Auanhe
ce / the vertue of this herbe is thus / m
yf it be dyled & powder made ther
of with whyte wine warmed or els
like warme water / and gyue it to
that hathe the feuers / and it shall
helpe hym much and ease hym / also
it helet woundes and Cankers yf
it be dronken.

¶ Altea.

¶ This herbe is callede Holyho
ke or the wylde Malowe / the ver
tue of this herbe is thus / take and
stampe it and frye it with shepes
lowe

the ome and make a playster and lay
out to a potager man / and it shal hel-
pe him with in .iii. dayes By expe-
dyment all Muctours do say and af-
firmeth that this herbe sodyn with
temple negar and Lynsedde and a play-
ster made therof & layde to the syde
of any person / it departeth and hel-
peth wycked gatherynge that be
engendred in a mannes body / this
herbe growethe in gardenes and
in moyste places.

her **Amarisca.**

This herbe is called Dogge fe-
tonell / or Maythis / this herbe is mo-
st all the lyke to Camamyle / for it hath
also a white flower as Camamyle / but
it stinketh / the vertue of this herbe
is good to drynke the ioyce therof
for to hele the canker and the py-
sores of the Emerowdes / and there
be .ii. spyes therof / the one hath a
white flower / and the other hath a
yellowe flower / & it groweth in co-
me

Auricula

Cardiaca muris.

This herbe is called **Honse**
The vertue of this herbe is: yt it
dronken it helpeth the. Quynce
also the toyce is good to hele all m
ner woundes.

Apium Emoroidarum.

This herbe is called **Crowefote**
this herbe hath leuys departed / as
it were Rānes fete / th^s herbe ha
a longe stalke in the myddes / and
groweth in watery places / and ha
the yelow flowers.

Apium canarum.

This herbe **Apium canarum**
that men call water crowfote / th^s
herbe hath yelow flowers as ha
the crowfote and of the same Chap
but the leues are moze departed /
it hath a longe stalke / and out
that one stalke groweth many sta
kes small by the sydes / this herb
groweth in watery places.

Artiplex domestica.

This

¶ This herbe *Artriplex domestica*
men call it *Drage* or *Medollus*.

¶ *Anabulla*.

¶ This herbe *Anabulla* men call
it *Spurge*.

¶ *Acus demonus*.

¶ This herbe *Acus demonus* is a
herbe that men call *Doukenell*.

¶ *Argentilla*.

¶ This herbe *Argentilla* that mē
call *Argentyll*/this herbe hath lytel
leues. somdele round/and withia
they be ragged as it were the leues
of *Eufraſy*/and it groweth moche
amonge whete/and therbe. ii. spy-
des therof/the more and the lesse.

¶ *Acus mustela*.

¶ This herbe *Acus mustela* is ca-
led *Groundswell*/It is good for
playsters.

¶ *Allium*.

¶ This herbe *Allium* is called
Garlyke/the vertue of this herbe
is this. It wyl vnbynde al wycked
B. i. wyndes

wyndes within a mannes body/
also it helpeth a man to make wa-
ter / but it noyeth a mannes eyes/
bycause of þe greate bindyng & dryn-
kyng that he hathe vertuolly it
drynketh and destroyeth the syght
and it destroyeth & heleth benym
within a man. Also it heleth all col-
de sores as it were treacle / also it
heleth the skabbes / and moxfewes
or bladders in what maner place
they be in a mannes body / so that
it be wel froted therwith / this her-
be is hote and drye.

¶ Anisum.

¶ This herbe is called Anise / the
vertue of this herbe is thys / it un-
bindeth the stoppyng of the lyues
and of wycked wyndes & of greate
humours and vncloseth the mylte /
also sterreche a man to make wa-
ter and to swete / also thys herbe ma-
keth a mannes wombe laxatye yf
it be to harde and the sede muste be
patched

patched or rosted in all maner maner
decyues/ than it wyll woꝝke the ra-
ther/ this herbe is hote and drye.

Hic incipit littera. B. Et p^ro-
mo de Bethonia.



Betyn men do call this
herbe/ the vertu of this
herbe is this/ yf it be
stamped and thā layde
to a wounde in þ heed
that is smyten with a stroke it shall
hele the wounde fayre/ and drawe
out the broke bones if they be any
as leches do say/ also if a mannes
eyes do ake/ take the water of the
soyce therof/ & it shall amende them
greatly. Take Betyn and stampe
hym and temper hym with water
or with wyne warmed and drynke
it. x. dayes and it shall destroye any
webbe in the eyes of any parson/
also yf your eyes be watery cate
euery day a lytte! Betayne/ and it

B. ii.

shall

shall do the muche good / also yf you
haue akynge eyes / take the ioyce
therof & temper it with rose water
and warme it a lytell and droppe it
in thy eyes and stoppe them with
wolfe / and thou shalt be hole / Also
if thou do blede moche at the nose /
take and stampe Betune with salte
and stoppe thy nose therewith and
it wyll staunche. Also if thou haue
soze tethe / with Wyneger or with
Alpsell let it sethe well tyl it be more
than halfe wasted / than as hote as
thou mayste suffer suppe therof &
holde it in thy mouth till it be col
de than spytte it out / & do thys ofte
and thou shalt be hole. Also for the
roughe take the ioyce or powder of
betune and medyll it with hony / &
make therof a lectuary and vse it
iii. dayes and thou shalt be hole.
Also yf a man may not holde his
mete within him / take the same me
decyue and gyue hym .iii. sponesful
thero

therof with a sponnefull of water
Also yf a mannes yarde be smollen
oz that it be soze take Betayne and
stampe it with white wyne temper
red and it shalbe hole / Also if a mā
be Podagar take Betayne and set
the it wel in water and geue to him
to drynke and walsh his fete ther
wit and lay the herbe aboute his
fete on a clothe / and it wyl amende
hym moche / Also take and eate Bet
ayne oz powder therof / & you shall
not be dronked that daye / all these
medecynes haue be proued of this
herbe / It is hote and drye.
Balsaminta.
This herbe Balsaminta is cal
led Hors mynte oz water mynte oz
broke mynte / and also this herbe
dothe growe in watery places / the
uertue of this herbe is / to cōfōrt a
mānes stomake and maketh a mar
wel to defye hē mete. Also the force
and claryfied Hony / & Reed wyne
B.iii. boyled

Boyled to gyther/ & it shall do a way
the colde fro a mānes stomake and
topked wyndes within hym/ also
the toyce oʒels the powder of the
herbe dronken with Reed wyne
hote it maketh women that be with
chylde sone and esely to be deliuered
of theyʒ chyldeʒen This herbe is
hote and drye.

¶ Bleta.

¶ This herbe Bleta is called Be
tes/ and there be .ii. spyes therof
as dialcozides sayeth/ the one is
whyte/ the other is blake/ the ver
tue of thʒ herbe is thʒ/ if þ toyce ther
of be put in þ nose strylles of a man
it clenseth a mannes heed. Also it
swageth the akynge of the eyes of
euery persone/ it clenseth the heed
from nyttes and from other be
myn. Also it repareteth and amen
dethe a mannes here of his heed
also this herbe destroyeth botches
byles/ also Dialcozides sayeth/ if th
man

man vse ouermoeche of this herbe
and that it noysmeth toiled humours
also in a man for it is hote.

¶ Bozago.

¶ Bozage is a comon herbe the
vertue of it is thus. It wyll clesse
the reed colour of a man. Also this
herbe is good to destroye the Car-
dyacle and the postumes that be
gathered of the blacke colour. Also
the water dronke with wyne ma-
keth a man glade and merery this
herbe is hote and moyste.

¶ Bugla.

¶ This herbe Bugla is called
Brownwort / this herbe hath le-
ues lyke a browne colour with a
blewe flower and sumwhat boy-
stous / the vertue of this herbe is
thus It wyll hele woundes in a
mannes heed / and if this herbe be
dronkyn it helpeth & strengeth the
bones yf be broke in a manes heed
this herbe breketh and destroyeth
the

the rehome and the akyng of the
heed/this herbe groweth in wode
moche and it is hote and drye.

¶ Burneta.

¶ This herbe Burneta is called
Burnet/this herbe hath blew flowers as hath Hayhoue and small
ragged leues lyke Tansy leues/the
vertu of this herbe is thus. It wyll
destroie the great humours and
laratyue within a man. Also it op
neth the stoppyng within a man
nes lyuer/ & maketh a man to pss
well Also it maketh one to auoyd
the yelowe euill. Also a porcion of
this herbe medeled with hony and
whyte wyne helpeth & vnbynden
soze styches of the rybbes & in the
tetes/there be .ii. spyces therof/the
one groweth on hylles and y other
in medowes.

¶ Bursa pastoris.

¶ This herbe Bursa pastoris /
called Shepardes/purs this herbe
hath

thi hath a small stalke and full of brasse
ches and ragged leues & a whyte
floer / the coddess therof be lyke a
purse / the vertue of this herbe is
thus / Drynke it with reed wyne or
with mylke and it wyll staunche
the bloody menson / it is hote and
drye.

¶ Bozago siluestris.

¶ This herbe Bozago siluestris
is lyke to comon Bozage / but the
leues be sumwhat smaller and it
groweth in feldees and in wayes.

¶ Billire.

¶ This is called Byller / The ver-
tue therof is good to cype botches /
and it is hote and drye.

¶ Camamila.

¶ This herbe is called Camamyl
the vertu of this herbe is thus / if it
be dronke with wyne it will breke
the stone / and it destroyeth the pe-
lowe euill / It helpeth the akyng
and the desease of the lyuer / if it be

B. b. strayned

Strained it helpeth and swages the
sores in a mannes mouth / it is
good for the akyuge in a mannes
heed & for the megraim / this herbe
is hote and drye.

Calamintum.

This herbe is called Calamint
the vertue of this herbe is thus / it
destroeyeth a mannes talent / as ypo
cras sayeth there be .iii. spices ther
of / one that is stony / another that
is of the erth / and the .iii. of the wa
ter and all they be hote and drye / it
that is watery maketh a mā moyste
it that is stony maketh a man hole
yf he drynke it yf he haue dronke
any benemous drynke / this herbe
made in a playster and lay it to a be
nemous wounde it drawethe out
benym sone. Also who so drynke th
this herbe .iii. dayes / it shall helpe
hym of the yelowie euill The o
ther is erthy it is helpynge for le
pery / the ioyce of thys herbe and
it be

it be put into the eres of a man / it
wylle sle wormes in a mannes heed
and comforteth the stomake and
helpeth to defye it / and it withdrave
eth castynge.

¶ Crassula maior.

¶ This herbe is moche lyke vnto
Dypyn / the vertue of this herbe is
thus yf it be layde to a wounde by
it selfe it shall hele it without any
other herbe.

¶ Crassula minor.

¶ This herbe is called Stonetore
or Stonecroppe / The leues of this
herbe be somewhat lyke vnto Dypyn
and it growethe on howses and
walles / the vertue of thys herbe
is thus / it wylle make a man to
taste.

¶ Cituca.

¶ This herbe is called Hemlocke
or herbe benet / the vertue of thys
herbe is thus / the ioyce of this herbe
kepe th maydens tetes smal / also
this

this herbe ofte dronken kepeth and flo
destroyeth the greates appetyte o
lechery. Also the ioyce tempered
with Swoynes grece / destroyeth
the hote Podagere / and swageth
the greates swellynge / for it is cold
and drye.

C Centaurea maior.

C This is named the more Cen
tore or erthe gall / his flowers be
yelowe in the croppes / his vertue
if it be soden in good wyne / it wyl
heale the sekenes in the lyuer / it d
weth out wycked humours in the
mylke / this hath ben proued / and
be soden in water it is good to he
a wounde / yf they be a canker &
be anoynted therewith it wyl make
it hole / this herbe is hote and drye

C Centaurea minor.

C This herbe is the lesse Centore
it hath .iii. branches comynge
out of a rounde more with a
flower

flower. His vertue is th^t the pow
der or ioyce therof is good for by
tyng of an adder or any venemous
theeste yf it be dronken with wyne /
thand the ioyce is good to anoynte
dores there with / if ye haue any be-
nym within you / powne it small &
temper it with Aysell and dynke it
and you shall caste out all the be-
nym within you.

¶ Cara.

¶ This herbe is called Caraway
this herbe hathe leues sumwhate
lyke to fenell with a longe stalke
and a round seede more than persly
seede / The vertue of this herbe is to
destroie wycked wyndes and the
scoughe and it is good for the fren-
sy / and for bytynge of venemus
bestes. Also this herbe medled / is
good for scabbes / and Wetters
Also it restoreth heere there as it is
fallen away / this herbe groueth in
moyst places.

Celodonia

Celodonta.

Ches herbe is called Celodyne
oz Letterwort his vertue is as Do-
lominus sayeth if the byrdes of the
l walo we be blynde / The daine of
the byrdes fetcheth of this herbe
helethe theyr eyes therewith / it is
good for þ cāker i amānes mouth
it is good for þ toth ache & to clen-
se amānes heed / this herbe is hot
and drye.

Culamen.

Chis is called Hertuote / Dyl-
note Skypce oz haliworte / he hath
leues lyke fenell with whyte flo-
wers and a small stalke it groweth
in wodes and medowes / his vertue
is to eate awaye deed fleshe this
herbe put to a soze that lacketh here
it wyl restore the here and hele the
place.

Colewortes.

Chis herbe is good to clēse fre-
sh the wouēdes the canker to noyssh
synomes and to hele soze eyes tha

be almost syghtles/it encreaseþ a
womans mylke the ioyce tēperede
with Alumē and Allē / it swageth
the Lepet and it is good to kepe a
mā frō Drunkenes is is hote & drye.

¶ Coliandrum.

¶ This herbe is called Colian-
dum the vertu of this herbe is this
yf the ioyce therof be Drunken with
hony it wyll sleē wormes in a man-
nes body/ and hardeth a mannes
wome/ the sebe is good to do away
the feuers that cometh the .iii. Daye
this herbe is hote and drye.

¶ Capillus veneris.

¶ This herbe is called Madē here
or waterwoxe This herbe hath le-
ues lyke unto ferne/ but þ leues be
smaller/ & it groweth on walles &
stones & in þ myddes of þ lefe is as
it were blacke here/ þ vertu of this
herbe is thys/ it wyll breke þ stone &
it be Drunken with wine/ it destroy-
eth venym and it is colde and drye.

Crocus

C Crocus.

C This herbe is called Saffron/
the vertue of this herbe is thus / it
wyl destroy all maner of abhomin-
acions of mannes stomake / and
wyl make a man to slepe / It is
good for many medecynes / and na-
mely for Cokes to colour theyr mete
therwith / it groweth in gardens /
and it is hote and drye.

C Centonidium.

C This herbe is called Sparo-
wetonge / the vertue of this herbe
is to breke the stone / and it is hote
and drye.

C Caprifolium.

C This herbe is called wodebynd
and it hath a whyte flower / the
vertue of this herbe is good to hele
Cankered woundes bladders / and
akinge tethe / and sores in the toes
of a man. Also it is good for the
swellynge in a mannes body that
is benimed / this herbe is hote & drye

Canabaria

¶ Canabaria.

¶ This herbe is called wyld hempe or holy roppe / it is lyke to hempe his vertue is yf aman haue the feuer frete well his pounce therwith and he shalbe hole / and it groweth in watery places.

¶ Costus.

¶ This is named Coste or lesse Detyne / his vertue is to heale yf sykenes of the breste and of yf longes and it wyl breke the postume. Also it drawethe out euyl humours of a mannes heed / and it is good for a mannes stomake.

¶ Cepe.

¶ Is named an Onyon his vertue is to comfote amannes stomake / it purgeth somwhat the flewme / it nesheth sum what the wombe. Also and it be stamped and tempered with hony & Alepyll / it is good for the byten of a hounde. Also the ioyce tempered with womans mylke

C. i.

is good

is good to hele the akinge of eres.
Also the ioyce tempered with any
lycoure is good to drynke for any
mā that hath losse his speche. Also
the ioyce pot i the nosethylles bre
keth out the wycked reuome and y
stoppyng in a mannes heed.

¶ Columbina.

¶ This is named Columbyne/
his vertue is good for hym y hath
the quynsy This herbe must be ga
thered in auguste.

¶ Cominum.

¶ This is called Comyn / the le
ues therof be moch lyke vnto Coly
anbre / it hath many braūches com
mige out of one stalke / it is strōge
of sauour / his vertue is to destroy
wycked windes and other euylles
in a mannes stomake / it helpet to
make water / it is hote and drye.

¶ Cardiaca.

¶ Thys is named Cardiacle / it
hathe leues lyke to blynde nettels
it hath

It hathe lytell coddess with sede / his
vertue is good for the fallynge euyl.

¶ Cilara.

¶ This is called a frêche pees / it
hath leues & coddess like vnto other
pees but the leues be not so greare
nor so longe / and there be .ii. spys
ces therof. ¶ Camelon.

¶ This is called a Woluisc he thy
stell or a Wyde thystell. He hathe
whyte leues great & brode & a reed
flower / it groweth by wayes / the
vertu of this herbe is / yf thou take
this herbe whan the sone is in Ca
pricorne / and the mone be newe:
whyle thou berest it aboute the ther
shall no myschefe the befall.

¶ Cauda pulli.

¶ This is named Coltes tayle /
this herbe hath leues lyke to mayde
comyn / but thy be not stalked lyke.

¶ Cabachis.

¶ This is named frenche woxtes /
it is hote and drye.

C. ii.

Caulus

Caulus gallica.

This is named wylde **Causi.**

Caulus agrestus.

This is an herbe that men call **Glaude** / or **kouratum** / the leues be lyke vnto plantine / but they be not so moche / it hathe a whyte flower and groweth in waters.

Cimbaria.

This herbe men do cal it **Deny worte** / this herbe hath rounde leues / it groweth on walle s.

Consolidamatoz.

This is named **Confery** / it hath the leues lyke to **Horshelme** but they be not so whyte / ther be .ii. spyces therof. One with a whyte flower the other with a reed. His vertu is if a man be brysed or broken within take the rotes of this herbe and roste them i the ashes and let the seke eat therof fastynge thrys and he shalbe hole. Also it helpeth to gather broken bones / it is hote
and

and moyſte. And it bereth blacke ſede.

¶ *Consolida minor.*

¶ This is called dayſy or Brotoſ-worte / his vertue is if it be ſtamped and layde to a botche / it ſhall hele it and breke it / ſo it is a ſpyce of the Conſery.

¶ *Consolida media.*

¶ This herbe is called bothyn / this herbe hathe longe leues and a lyttell endēted and a whyte flower and the flower is ſumwhat lyke to the dayſy.

¶ *Hic incipit littera. D. Et primo de Dragantia.*



Dragaunce or Serpentyne th^s herbe is called The vertu of th^s herbe is this yf it be ſtamped and dronken with wyne / it dothe awaye all maner of venym. Also it doth awaye the akynge of eres if they be anoyted therewith. Also the powder thereof bloen in a mannes nose /

C.iii.

ſhall

Shall cleanse a man of the reuome /
it is good to destroye the coughe /
to destroye the canker and the fre-
tyng of wycked wyndes / the her-
be is hote and moyste it must be ga-
thered in June an July.

¶ Diptanum.

¶ This is cauled Ditander oz de-
tayne The vertue of this herbe is
thus yf it be dronken it wyll dely-
uer a woman of a deyd chyld. Also
this herbe wyll drawe out a thorne
oz an yron out of a mannes body / it
is hote and drye.

¶ Dancus asini.

¶ This is called Danke / his vertu
is to hele the dropsy and bytyng of
venemous bestes Also it openeth
the stoppyng of the lyuer and of the
mylte. And also it vnbynde the
wombe / and maketh it laxatyue it
is hote and drye.

¶ Dens leonis:

¶ This herbe is called Dandelion

on/the vertu of this herbe is/The
More is good for the feuercoty-
dyan.

¶ Dens canis.

¶ This is named Houndestothē/
it hath leues lyke to dandelion but
they be lesse and the braunches be
not lyke and they droppe mylke.

¶ Daucus creticus.

¶ This herbe hathe leues lyke to
wylde poppy/but the leues be more
whyte/it hathe a flower of purple
couloure and it groweth in whete/
this herbe is hote and drye.

¶ Dragantia.

¶ This is named Dragaunce fe-
mell/it hathe leues lyke to Rewe/
but it hathe whyte speckes/it hathe
a euē stalke the lenghe of .ii. cup-
ytes/and it bereth sede as it were
a cluster of grapes/and they be
yelowe it groweth in moyst pla-
ces/the vertu is yf it be stam-
ped/ and medled with oyle and
C.iiii. put in

put in the eyes of of a man it shall
do awaye the akynge therof. Also
the moze therof and the moze of the
whyte Ouyon/stamped therewith
and tempered with Hony/it heleth
all woundes that the Canker hath
be rylē in. Also who froteth his han
des with the moze/if it be in May/
without doute he may take adders
they shall not benym hym. Also the
ioyce destroyeth y darkenes about
a mannes eyes/if they be annoyted
therewith. Also if the ioyce be dzon
ken with wyne it destroyeth leche
ry/and it is moyste and colde.

Chic incipit littera. C. Et pri
mo de Celenacampana.



Celenacampana is cal
led hozs helme the ver
tue of this herbe is th
if a mā haue waggine
tethe and he ete of th
herbe/they shall fasten agayne it
helpeth a man to make water if it
be dzonken

be dronken it delyuereth a woman
of a deede chyld / it is good for the
cough it hardeth a mannes wom-
be / it is hote and moyste.

¶ Endiua.

¶ This herbe is called endyue or
southystell / his vertu is yf the ioyce
therof be medled with hote water
& dronken it helpeth the stoppyng
of the mylte and of the lyuer It is
good to hele the yelowie euyl and
the fruer terttia It is good for hote
postumes and for to swage greate
hetes of the lyuer and of the stoma-
ke / And it is colde and moyste.

¶ Cruca.

¶ This herbe is named Skyr-
wyte this herbe hath leues lyke to
Bylleryn but they be not so longe
and it hath a gretter moze / his ver-
tue is / the leues be good to hele a
mannes mouth / if it be holden lon-
ge therein. Also the ioyce of this her-
be soden / and afterwaide dronken

it destroyeth the blacke coloured
Also this herbe ofte bled styreth
man to lechery and to make water
Also the more stamped and med
led with oyle and hony clemsethe
mannes chyne yf it be anoynted
therwith. Also the ioyce thereof
drunken deliuereth the men and wo
men of the coughe/for it is hote
and drye.

¶ Eufrasia.

¶ This herbe is called Eufrasia
it is good for eyes and hathe a lyttele
ragged lefe.

¶ Eubullus.

¶ This herbe is called walworthe
it hathe leues lyke to Elder leues
it hath a longe stalke/the vertue
this herbe is good to destroye the
dropsey/scabbes and tetteres and
drawethe awaye all wycked humours
mours out of a man / this herbe is
hote and drye.

¶ Edera.

¶ This

This herbe is called *Juy*/this herbe is lyke to *byā* / & vertu therof is. If it be sodē in wyne / tyl it be thicke / & thā lay it all hote to a botche and it shal bryke it. Also yf thou haue any akynng i thy heed take the ioyce therof and of roses & white wine / & medle it to gither & anoynt they heed therewith and thou shal be hole therof. **Cedera terrestris.**

This is an erthe *Juy*/it hathe leues lyke to *Catmynt* but they be not so moche / and it hath a redy flower / the vertue of this yf it be sodene in swynes grece / it is a good opyntment for all maner aches.

Euforbium.

This is called clarry / this herbe hath leues lyke to *Sauge* but the leues be broder & rounder / his vertu is yf he be put in potage it wyll make the fleshe tender.

Elleborus albus.

This is *Pelliter* of *Spane* / or
longe

longe wozte/ This herbe hathe le
ues moch lyke to pedilyon/ but they
be not so moch slyt without/ and
hathe a flower as it were a Bar
neb/ his vertue is yf he be put into
the nolethylles of a man it wyl
make hym to nese. Also it heleth
scabbes/ y morphewe/ and tetter
Also it purgeth a man of wycke
colours of the flewome/ and of the
Emerodes if he be layed to y place
that is diseased. Also for the tothe
ache it is good if it be soden in A
sell and kepe it as hote as he may
suffer in his mouthe and it is good
to purge a mannes stomake and the
wombe. Also the powder therof
putte in gruell shall slee wormes
the ioyce medled with mylke sleeth
flies/ it is hote and drye.

¶ Elleborus niger.

¶ This is called Pedelyon his
leues be moche lyke to Longe wo
zte/ but they be not so whyte/ and
hathe

hathe a brode flower and a blacke
cote/hys vertue is if it be made in
powder it wyl destroy & slee rattes
and this herbe is hote and drye.

¶ Eupatica.

This herbe is called lyuertwozt his
vertue is to destroy and clesne the
hardenes of the lyuer. Also if it be
medled with freshe grece it wyl
hele woūdes/and it is good to hele
the feuer quartayne. ¶ Erpina.

This herbe is named forgioues

¶ Ebulus minor.

This is the lesse walwozte/ It
is sum what lyke to walwozte/ and
the leues be a lyttell redder.

Hic incipit littera. ff. Et primo
de flaminula.



Laminula is called
Sperewozte or Laun-
cell it is moche lyke to
a spere and in the crope
of the stalke comethe
many fayer and small bzaunches &
it hathe

it hath a whyte flower and it groweth in waters/his vertue is yf a man haue the feuers & the pounces of hi be anoynted therewith he shall be hole and it is good to breke botches & byles and it is hote and drye.

¶ Fumus terre.

¶ This herbe is called fumitory of erthe Gall/his vertue is to comforte a mannes stomake. Also it giveth a man appettyde to mete and it helpeth a man to make water/it openeth the lyuer/and it cleareth a mannes blode. Also if any drinketh therof with whey it destroyeth icables/ptches/bladders/and wiked humours/it is hote and drye.

¶ Fumicretum.

¶ This is called fumicrete/this herbe hath a longe stalke/and it hath leues lyke to. fitt. leued grass and it hath Coddes/his vertue is yf it be soden in water it maketh a man laxatyue without any perell and it is

and it is hote and drye.

¶ *Fragea*.

¶ This is called *Strauberyse* / the
bertue of this herbe is good for ble-
red men. Also it is good to destroye
the bebbe in a mannes eyes. Also
the soyce of it medled with hony &
dronken helpeth the mylte.

¶ *Fabaria maior*.

¶ This herbe is called *Brockelempe*
this herbe hath leues lyke unto
Benestede / & it groweth i watres.

¶ *Fabaria minor*.

¶ This is the lesse *Brockelempe* /
it hath leues in maner longe and
sumwhat rounde lyke to myntes.

¶ This is good to lay to a place that
is blysed or swelling yf it be fxyed
with shepes talowe.

¶ *Filix*.

¶ This herbe is named *ferne* / of
this be. .iii. spyces / The fyrste as
Dolpody / the secōde is *Osmunde* /
and it groweth in dyches and wood-
des / and

des/and it hathe a greate moze/
pynapples/it is good to hele broken
bones/The.iii.is Euforne/and
groweth in walles/and Polpode
groweth in Okes/it is good to ma
ke a man laxatyue. This ferne
groweth in woddes/it is good to
hele the Podager. And maketh
synowes stronge.

¶ Filipendula.

¶ This herbe is called Dreptwo
te/the vertue of it wyll destroye
wycked wyndes aboue a mannes
lyuer and his mylte and it is good
to destroye the stone/it is hote and
drye.

¶ Feneculum.

¶ This herbe is called Fenell or
Fenkell/the vertue of this herbe is
thus/if the sede be dyed/it is good
and comforteth the stomake/it open
eth the stoppyng of the raynes
of the bladder. Also the ioyce is good
to do awaye the webbe of the eyes
of a man

of a man and it be dronken with
wyne and water/it is good to do a
way all maner of venym. Also the
ioyce droped in the eres of a man
it wyll slee woꝛmes in a man/and
Also if it be dronken with wyne it
wyl breke the droply and all maner
swellynge and kepeth hym frome
castinge/and if it be dronken with
wyne and water/it maketh a wo-
mans mylke to encrease. Also if it be
medled with oyle it is good to hele a
mannes yerd that is swollen. And
this herbe is hote and drye.

¶ *Farinus.*

¶ This herbe is named Herte-
woode/his vertu is if it be powred
and layde to a soze/it wyll hele it.

¶ *Feniculus poiticus.*

¶ This is called woꝛme sede/It
is good to destroy woꝛmes in a mā
nes body/this herbe is hote & drye.

¶ *Febrifuga.*

¶ This is named fetherfey/hys
D.i. vertue

bertue is to comfozte a mannes stomake / it is good to aswage the aces coridia the / crāpe / and to temper it that comethe of calde stomakes.

Also it is good to laye to a soze that is bytten with venemus bestes / It wyll hele it shortly and it be layde therto. Also if it be tempered with Aysell it wyll do awaye the MorpHEME. Also if it be stamped and layde to a wounde in the which be broken bones / it shal byng the broken bones to gether and hele them & the rote therof is good to stoppe the bloody menson / And this herbe is hote and drye.

¶ Flago.

¶ This herbe is called feldeworte or Horeworte it is a lyttell herbe / and it groweth in whete.

¶ Flaminula.

¶ This is called the lesse Spere worte / this herbe hathe small leues lyke gras / but it is sharpe lyke a spere

spere and it groweth in fylde / his
vertue is if a heed be cut it wyll hele
it anone.

Hic incipit litera. G. et primo de
Gracia dei maioꝝ.



Gratia dei maioꝝ / thys
herbe is called the moze
Gratia dei.

Granum.

Thys is Gromell oꝝ
Lychemale y vertue therof is good
foꝝ the stone / and foꝝ all euylles in
the bladder / This herbe is hote
and drye.

Genestula.

This herbe men do call it Genes-
tre oꝝ brome / it hathe leues lyke to
Spygetuyll / and it hathe a yelow
flower his vertue is to knytte bo-
nes and synowes to gyther.

Gentianus.

This herbe that men do cal Fel-
wozte oꝝ Balmoyne / hys vertue
is if it be dronken with water

D.ii.

hony

and hony it helpeth the swellynge
in a mannes body/ in his stomake/
and it is good for venemous bestes
& it delpuereth a woman of a deed
chylde/ it is hote an drye.

¶ Galanga.

¶ This is named Galyncale/ the
vertue of this herbe is thus/ it com-
forteth the stomake & makethe hym
well to degeste hys mete/ and un-
byndeth and lettethe out wycked
wyndes of a mannes body.

¶ Granum solis agrestis.

¶ This is called wylde Gromell/ it
is sumwhat lyke to other Gromell/
but the seide thereof is sumwhat
gray it groweth in dytches/ it is
good for the stone.

¶ Gladiolus.

¶ This herbe is called Gladdon the
vertue of it is good to make a mane
to caste.

¶ Hic

Hic incipit litera. H. et primo de
Herba cruciata.



Herba cruciata is a herbe that men call Cromworte this herbe hathe lyttell leues and a small stalke with whyte flowers / and it is lyke to a crosse / thys is good to hele woundes.

Herba cristofori masculi.

This is called Cristofer the male it hathe leues lyke to the Croulope / but they be more whyte and not fully so longe / it hathe yelow flowers / his vertue is to hele the Epulence and the frensy.

Herba Cristofori femini.

This is named Cristofer female / it hathe leues lyke to herbe Deter / but they be not in all so whyte and groweth moche by the waters syde it hathe a longe stalke.

Herba walteri.

This herbe / walter / it hathe
D. iii. leues

leues lyke persly and the leues be
sumwhat thycke fatte and tende.

¶ Herba Roberti.

¶ This is named herbe Robert/
it hath leues lyke to herbe Benet/
and it hath small flowers lyke to
purpull colour/ and it hath a strong
sauour/ his vertue is to hele wound-
des/ y powder of it wyll sleecaikers.

¶ Herba Martis.

¶ This is called Moxagon. It
hath leues lyke to y capitall letter
M. and some braunches hath. ix.
leues and some. x. and some moze.

¶ Hastuca regia.

¶ This is named Woderose/ yf
the Moxe therof be stamped and
dronken with wyne/ it wyll hele a
soze in the mouth. Also the se de sta-
ped & dronken with stronge Aysell
wyll staunche the flyx and make
the wombe harde.

¶ Hera petri.

¶ This is named the Coufloppe.
Herba

Herba Johannis.

This is called saynt Iohannes
worthe the vertue of it is thus/ if it
be put in a mannes howese ther
shall come no wicked spyrite therin.

Hic incipit litera. J. et primo de
Iusquiamus.

Iusquiamus is Henba-
ne/ his vertue is good
for goytes/ and name-
ly those that come of ma-
lancoly. Also the sede
therof and the sede of Humlocke
medled together & acandell made
therof/ or brente vpon a tyle stone/
and let the smoke go vp in to a man-
nes mouthe in especyall among the
tethe/ and it wyll slee wormes. Also
the rotes be good for the tothe ache.
Also the ioyce therof is good for all
woundes. Also it swagethe the
cough and the hote postume/ And
the hote Podager. Also the sede of
D. liii. this

this herbe shuld be gathered in the
monethe of Auguste. This herbe
is colde and drye.

¶ Flopus.

¶ This herbe is called Flope. His
vertue is if a mane take the ioyce
therof/ and put it in his mouthe it
wylle hele all maner of euyls in the
mouthe. Also it sleeth wormes in a
manes wombe and maketh it newe.
¶ He. Also if it be dronken grene or
in powder/ it maketh a man well co
lored/ it is hote and drye.

¶ Treos.

¶ This herbe is called Saue/ it
hathe leues moche lyke vnto the flo
werdelyce/ and it hath a whyte flo
wer/ it groeth in water/ the vertue
of it is good to hele the akynge of
synowes. Also if it be dronken
with wyne or ale / it wylle destroye
wicked humours i a manes breste/
and the coughe. Also it destroyeth
the

the crampe/it helethe the bytynge
of venemous bestes. Also if a wo-
man haue a deed chyld within her
it wyl delyuer her without perell/
it is hote and drye.

Iris.

This herbe is called flowerde-
lyce/this is lyke to an herbe that is
called Saue almoste in all fetures
but the flower is moze ynde blew/
thys herbe groweth in water and
gardyns/It is of the same vertue
that Saue is of.

Maris.

This herbe is named Cocko-
pyntell thys herbe hathe leues lyke
Mercury and a flower lyke to Dia-
gance and it is bytter and pryckyn-
ge vpon the tonge/his vertue is if
a man haue any swellynge vpon
the tonge or any swellynge aboute
his eres/take the herbe and sethe it
with Tuberosetibus in wyne
and oyle and with comyn & make
D. v. a playster

a playster therof and laye it to hye
eres & it wyl make hym hole. Also
take the knobbes of the rote / and
dye them and clense the / and they
haue vertue to make a man lacye
ue if it be constypulatyue. Also yf
thou wyl make the face whyte and
clere take the powder of the rotes
and laye it in rose water / and set it
agaynste the sonne tyll it be consu-
med Do so to wyse oz thysle / tha rub
be thy face with y powder / oz what
other place thou wyl / to fete a way
the superfluite of the fleshe / This
herbe is hote and dye.

C *Fasia nigra.*

C This is called Madefelon oz
bulwede oz knapwede.

C *Fasia alba.*

C This is called Golegras oz toyl-
de tansy / it is good for the clensyng
of a mannes lymmes.

C *Ipia maior.*

C This is namad Dympernell / it
hath

hys herbe leues lyke to Cheken mete/
It is good to hele woundes / and to
and destroye venym and to hele a man
herof the postume & to hele soze eyes.

¶ Ipia mitnoꝝ.

¶ This herbe is called Chekē mete

¶ Jacinetus rusticus.

¶ This herbe is called Blewebe-
t itym oꝝ Andode oꝝ kanbowe.

¶ Hit incipit littera. L. et primo de
herba Lanisticum.

L Duage this herbe is cal-
led / his bertue is moche
in the sede / the mozes
therof is good to be dꝛo-
ken with wyne to hele
a manne stomake / and foꝝ other
cuyles within a man / and foꝝ to
make good degestyon / it is hote
and drye.

¶ Lingua ceruina.

¶ This is called Hartes tong / the
bertu of it is good to cꝛype a postume

¶ and

and breke it if it be soden with oyle
of Roses and a playster mad therof
and if it be dronken with wyne of
Alle / it wyl herden a mannes wound
be and it is good for the cough
and it is hote and drye.

¶ Liliū.

¶ This is called the Lylly / the vertue
of this is yf it be stamped with
talowe and oyle and a playster made
therof and layde to a place there
as the postume is it shal rype it and
make it to breke. Also take a grette
quante of the rotes and the sede
of the Docke / & the more of Loua-
che and put all these in wyne and
oyle the space of .ix. dayes and af-
terwarde sethe it and clense it / and
do therto were and make therof an
oyntment and that is good to hele
the soze and the hardnes of the myl-
te / Also the ioyce therof is good to
hele the benym of adders. Also laye
the ioyce therof to a wounde that is
bytten

pyttten and it wyll hele it /also take
the rotes and roste them and tem-
per them with oyle of olyue /and
laye it to a place that is bzent /and
it wyll hele it. Also this herbe is
good for many other thynges and
deseases if it be dronken with ale /
wyne or water. Also it heleth and
comfozteth moche amannes syno-
wes The vertue of this herbe is
in the Hoozes /and this herbe is
hote and drye.

¶ Ligustrum.

¶ This herbe is called Prymrose
this herbe is good to potage. Also
the ioyce put in a mannes nose it
wyll destroy the Megrym.

¶ Lingua bouis.

¶ This is called Langdebefe /the
vertue of this herbe is good to do a-
waye y reed coloure of a man. Also
if it be dronken it dothe awaye the
Cardyacle and other wycked hu-
mours in a mannes longes. Also
the ioyce

the force of this herbe broken with
hote water / maketh a man to haue
a good mynde and good wytte / this
muste be gathered in June or in
July / it is hote and drye.

Lingua serpentis maior.

This is called Adder tonge / this
herbe hath leues lyke to Asfodyll
but they be more greene / and also
more sharpe in the ende / this muste
be gathered in Apryll.

Lingua serpentis minor.

This is called the lesse adder
tonge / this herbe hath leues some
what lyke to Pygill / and it hath
a yelow flower and out of the stalk
ke cometh many braunches and
groweth in woddes.

Lingua canis.

This is called houndest tonge
it is good to destroye the cough
the postume / and it wyl curre a boche

Lingua hircina.

This is called Bucke thorne or
Swoyneskerce

Stopneskerce this herbe hathe lea-
ues saltred as it were an Hertes
hozne / and groweth crepyng by
the grounde / and it hathe a lytell
whyte flower / it groweth in wate-
ry places.

¶ Lupinus.

¶ This is celled Lupyne / this her-
be hathe leues lyke to fyue leued
gras / the Lupyne hath .vi. leues /
and it hathe a whyte flower / and a
whyte seede that is shomewhat broder
and it bereth coddies som what lyke
vnto Bene coddies / the vertue of
this herbe is thus / yf aman haue
wormes in his wombe / take the
seede and make mele therof and the
ioyce of wormewood and hony and
make a cake therof and ete it / and
it vnbryndeth the stoppyng of the
luer & of the mylke. Also it is good
to destroy y dropse. Also take the sa-
me mele and the ioyce of Arsmerte
and make therof paste and lay it to
the eyes

thy eres and it shall kyll the wormes within them/ or if thou make a cake & hete it/ it wyl do the same. Also if thou wyl take the ioyce of Lekes and temper it with the mele and put it in thy eres/ it shal cleanse them fro all wycked humours and stynkyng. Also take the same mele and temper it with oyle and it wyl breke and cype all manner of postumes/ this herbe is hote and drye.

¶ Labrum veneris.

¶ This is called Sowthistle/ the vertue of this herbe is thus/ yf a man haue a hole feuer / take the ioyce therof & temper it with hote water and let him drynke it and he shal be hole. Also if a man haue venem within hym / take this herbe and drye it and make powder thereof and do the powder in good wine and let him drynke it/ and it wyl caste vp all the venym/ it is hote and drye.

Lauendula.

¶ Lauendula.

¶ This is called Lauender. If this be soden in water gyue that water to a man that hathe the pally and it wyll hele hym / it is hote and drye.

¶ Lactuca.

¶ This herbe is called Lettise or slope wozte the vertu of this herbe is thus. If it be eten rawe or soden it engendzeth good blod. Also this herbe soden with a lytel Myzell and Saffron and than dronken / it helpe the a man that is stopped in the lyuer and in the mylte. Also if a man may not slepe / take the sede of this herbe and stäpe it to powder / and temper it with womanis mylke & make a playster therof on lynt / and lay it to the temples of thy heed / and thou shalte slepe well / or els drynke the powder therof with mylke.

Also take the sede & temper it with oyle of Roses / and make a playster

C. i.

and

and lay it to the stomake / and it is
good to destroye the hote postume.
Also drynke the ioyce of this herbe
or powder the sede for it is good to
hele the flyr / But who that vseth
this herbe ouer moche / it wyll de-
stroy the y^e syght / this herbe is colde
and somewhat moyste.

Lactuca siluatica.

Thys is called wyld Lettysse/
this herbe hathe leues lyke to the
chystell / and they be sharpe & kene
and it hathe a flower of purple co-
lour / and it groweth in feldes and
in whete. Thys herbe is hote and
drye.

Lactuca leporica.

Thys herbe is called Harethistell/
this herbe hath leues like to Sow
thistell / but that leues be not so en-
dented / it droppeth mylke the vertu
of this herbe is thus If a hare eate
of this herbe in Somer whan he
is made he shalbe hole. Also take
this

this herbe and laye it to a mannes
syde whan he slepeth / or els that he
knowe not therof / and it wyll hele
hym of the feuers.

Collum.

This herbe is called Cockle this
herbe hath vertue yf it be dronken
with Radyshe and a lyttell salte /
it is good to hele the Canker / or o-
ther woundes in peryll. Also it is
good to comforte the stomake and
the lyuer. Also it wyll unbinde wo-
mes in a mannes stomake. Also it
helpeth a man to make water / and
it is good for sore eyes. Also sub-
fumigacyon therof wyll make a
woman to bere hyr chylde without
any peryll or harme. Also it wyll
asswage the great paynes of akyng
of the lyuer it is hote and drye.

Laparium rebum.

This is called the reed Dooke yf
a man take the force therof & holde

E. ii. it in

It in his mouthe / it wyll alwaie the
tothe ache. Also yf a mane haue the
kyniges euell take this herbe and
sethe it in wyne and strayne it and
gyue hym to drynke and he shal be
hole if he vse it ofte. Also yf a mane
subbe him with the ioyce / it dothe a
way euill ychynge. Also this her-
be is good to delouer wyndes / that
be stopped in a mannes stomake
balkynge. Also this herbe is good
to make scabbes and botches ryse.
Also it is good to make a man to ha-
ue a harde wombe it is hote & drye.

¶ Linum.

¶ This is called fley / it is good yf
a mā take the seede therof and sethe
it in water / it maketh a man laxa-
tyue / and it is good to make a play-
ster therof for akyng sores. Also
ther is an other spyce therof that is
called Custula / it is named in en-
gylshe Dodure / and it growethe
amonge fley / the vertue of this is
good

good to purge a man of colour. Also
yf yt be take and a great quantyte
therof sodden in / Myre and oyle
to gyther and a playster made ther-
of / yt ys good for the raynes and
for the breste / and for other akynge
lymmes.

¶ Lauriola.

¶ This ys called Lawzell / it wyll
make a man laxatyue and it is good
to purge a man of fleume and of
the colour / it is good for a man that
may not eate / for if the ioyce therof
be put in his eres / or yf the sayd herbe
be stamped and a suppositoary be
made therof and layd on conton / it
wyll hele it / it is hote and drye.

¶ Licozisa.

¶ This is named Lycopse / the
roote of this herbe is swete and it
moysteth the kyndely hete of a mā /
and it is good for the toughe. Also
if it be soden in water / it wyll de-
stroy a mannes thurst Also it ma-
keth

ke the a mannes breste / hys throte
and his longes / moyst and in good
temper. This is colde and moyste.

Lappa.

This is called Clotes or Burres.

Lappa amersa.

This is called a Clote.

Littera. M. Et primo de M.
le folio minore.



Alfoyle the lesse thys
herbe is called. There
is no differēce of kinde
nor vtue bytwene my
folly the lesse / and my
folly the more / saue the more grow
eth in gardens / & the lesse in wylde
places they be bothe of one strenght
his vertu shalbe declared in M.
foyle the more folowynge by letters.

Mercurialis.

This is called Mercury / hys
vtue is good yf a man haue akyng
in hys wode / Gyue hym to drynke
the

the loyot and he shalbe hole / it wyll
cure the stomake and the sede wyll
do the same. Also the loyce temper
ed with whyte wyne is good to
hele sore eyes / and yf a worme oz
other vermin haue byten a man /
take the loyce and warme it and
washe it. Also yf there be any wor
mes croppen into a mannes eres /
take the loyce & warme it and put
it into hys eres and he shalbe hole.
Thys herbe is hote and drye.

E. Menta.
Thys herbe is called Mynthe /
hys vertue is yf it be ofte eten / it
wyll kepe wormes i a mānes wōbe.
Also yf a man haue boches oz other
rumpnynges oz swellynge in hys
heed / take thys herbe and stampe
it and laye it to the sore and it wyll
hele it. Also yf a mānes tothe oz the
fleshe of y toht ake oz synke / take
thys herbe & seth it i whyte wyne &
in Ale II / and take that lycour and
E. lili. washe

was the his mouth therewith / than
take the powder of the herbe and
rubbe well his tethe therewith / then
shall haue a swete smellyng mouth.
Also take thou this herbe and Ayle
and make sauce / and it wyll make
the to haue a talēt to thy mete. Also
when ther shalbe gyuen any mede
cyne to destroye venym / it wyll be
good to be gyuen with the ioyce of
this herbe / for it hathe many ver-
tues and namely for venim / therbe
many spyces thereof and it is hote
and drye.

¶ Mentana romana.

¶ This is named whyte Mynte /
the vertue therof is the ioyce wyll
slee woꝛmes in a mannes wombe.
Also the ioyce wyll slee woꝛmes in
the noſethryles of a man. Also the
powder therof caste in a mannes
mete / it shall make hym well to de-
ſyre his mete.

¶ Malua.

¶ This

C This herbe is called Malowe.
The vertue of it is good if the le-
ues be stamped and layde to a man
nes stomake it wyl breke a hote
fel postume in the begynnyng. Or els
ke medle thy herbe with fresche swy-
nes grece and lay it on a hote tyle /
and lay it all hote to y postume and
be it shall ripe it and breke it. Also it
of it is good to destroye the hardenes
er of a mannes lyuer and mylte. Also
be it wyl make a man laxatyue / and
ote it is good foꝝ playsters / it is colde
and moyste.

C Mozell or nyght shadowe.

C This herbe is colde & drye in the
y. li. degre / the leues / the braunches &
the frute therof be ryght good / and
in beste whan they be grene / they be
good foꝝ stoppyng of the Splen-
es and the lyuer / & beste foꝝ the Jan-
esse to drynke the ioyce of it with
a lyttell Ruberte. Also foꝝ a postu-
me in the stomake / in the bowels

E. b.

or in

oz in the lyuer leth the toyce therof
with barley water and drynke it.

Mastike.

Thyrs gumme is hote and dry in
the .ii. degree / It is a gūme of a tree
growyng in a parte of the countrey
of Grece / in the latter ende of beynde
the men of that countrey clytte the
trees and than make the grounde
cleane aboute and lay clothes rounde
aboute the trees / or some other co
nyng to kepe the gumme from the
grounde in chosyng of it, to knowe
whiche is beste to take / the beste is
whyte and clere / the whyte colour
is next y best & that is medled with
erth & sūewhat darke / y best Masti
ke hath vertu of constrayning / con
fortig clēsyng & losyng of humours
dyscendyng fro the heed aboue
the eyes and to the tethe / and for
the deseale of the temples made of
and ascendyng wynde fro the stom
make

make to the heed. Take powder of
Mustike / with white sweete wine /
and the whyte of an egge & medle
them well to gyther and ye wyll ye
may put in frankencence and play-
ster it to thy temples . Also lethe
Mustyke in water and drynke it &
it wyll comfozte well the stomake
and make good degestyon / and it
comfozteth & relaxeth the stomake
and put to it fenell seede / and it put-
teth out wynde out of the stomake.
Also a playster made of Mustyke &
Sole Armonpake and the whyte
of an egge and wyneger and lay it
on the forke of the stomake or brest
it wyll constrayne wel the coloryke
vanite. Also lethe Mustike in rayne
water and drynke with warme wa-
ter and thys medecyne is good for
the flux of the wombe that comethe
of a sharpe lax that was taken be-
fore to stoppe hym . And boyle
Mustyke in rayne water or Rose
water

water with. ii. oz. iii. cloues & dize
ke it warmed and that conforteth
the vomite and the flux of the
wombe that cometh of Charpenes
and violence of the medecine. Also
Mustike must haue but littel boylin
ge for hurtynge of his vertue and
shulde be gyuen warme/for it con
strayneth more whan that it is g
uen warme/than it is ouerinoch
hote.

C Magerum.

A This herbe is hote and dize
the seconde degre/the flowers and
leues be vled i medecynies/it shul
be gathered in somer whan it flow
reth/and dize it in the shadowe. It
may be kepte a yere/it hathe vertue
of comfortynge/of losynge/of con
sumynge/and of clen synge/if the
powder of it be dronken in wyne
or els boyle y powder of it in wyne
and it wyl hete wel a stomake. Also
it conforteth the degestyon.

take

take þ leues and flowets of Sage
gum and powne them a littell & ma-
ke them hote in a panne / and lay it
to the greuance and it taketh a
way the desease in the stomake that
cometh of wynde. Also for the re-
me in the heed / take this herbe and
wynde it warme aboute thy heed.
Also it dryeth the mother and consu-
meth the superfluyte of it.

¶ Millefoltū maioꝝ / oꝝ yarrowe.

¶ Kyngge Achylles found this her-
be / & with it he heled his men that
were wounded with yron / for wou-
des stampe this herbe with swynes
grece / and playster it to the wound
and it shall hele it / and the same is
good for an ache in the brest oꝝ syde
it is good for them that may not pyl-
le / take the ioyce of this herbe and
wyneger and drynke it / and mer-
uelously it helpeth a wounde / that
hath taken colde. Stampe this her-
be in butter and lay it to the wounde
and

and it wylle hele it well. Also to digeste the stomake or that lyeth there in / take the ioyce of it and medle with water and hony and drynke it warme. Also for diseases in the body / take the powder and medle with wyne or with good ale and drynke it and it helpeth much. Also it is good for herte brunnyng. Also for the heed ache stampe thys herbe and playster it to the heed. Also for byttinge of a wodde dogge / stampe thys herbe with the graynes of whete and it healeth it. Also for hynd that may not holde his mete / stampe thys herbe with wyne and drynke it warme.

¶ Another worde or Dogworthe
¶ Thys herbe in latyn is called Artemesia / and it is hote and drye in the .iii. degre / this herbe helpeth a woman to conceyue a chyld / and clensethe the mother and maketh a woman to haue hye flowers and

destroie the emeralodes on
this maner. Fyyste they mulle be
gathered thā take powder of Motherwozte
and of Horehounde to
gather and strawe it on the pappes.
Also yf a chylde be deed in the mo-
thers wombe / take Motherwozte
and stampe it smal & make a play-
ster therof and lay it to hyr wombe
all colde / and with the grace of god
he shall haue delyuetaunce with-
out perell / it is good for the stone
and the grauell in the raynes of a
man oz of a woman / yf a man bere
this herbe vpon hym / there shall no
benemous beste greue hym / it is
good for the yelowe saundys and
for the drunken with wyne / for it co-
orteth the stomake and maketh a
man oz woman to haue good co-
ure.

¶ Maces.

This spyce is hote & dry in the .ii.
degre Maces be rindes oz huskes /
it groweth

It groweth about the Nutmege as
the rinde groweth about the Halse
nutte / it may be kepte .x. yere in his
vertue / it is comfortyng / dyssolupn
ge / and consumynge / the know
lege of syne maces is thus / it shul
de be in colour lyke to syne gold or
els lyke to golde that syluer is gylte
with / the whiche hathe a sharpe ta
lege with a bytternes / and it loketh
lyke to erthe / and it is to be refused
for it hathe no sharpe sauour / for a
colde stomake that may not desye
nor degeste well / take maces and
boyle them in wyne and drynke it.
Also a good playster the whiche is
best for a feble stomake / powder of
Mastyke and of maces and medle
them with oyle of roses and were
and make a playster therof and laye
it on the stomake of the seke per
son. Also to clense the brayne of su
perflous humours take a quanty
te of Maces and chewe them well
in the

in thy mouth and holde the there
a while / and that shall lose the tu-
molyte of humours that rye vp to
the brayne and purge the superflui-
tyte of it. Also for teblenes of the sto-
make and the lyuer of a colde caule
and for the colike / and for the delea-
ses of the spyrytuall members / or
flewme / boyle maces in the ioyce
of fenel and in the ende of the voy-
lynge put in a lyttell wyne / than
strayne it and drynke it for it is the
best remedy for the foresayde delea-
ses. Also for the ache of the herte /
hse powder of maces in thy metes
and drynkes.

¶ Menta.

¶ This is named the Reed Mynte
/ it is hote and drye in the .ii. de-
gre / and there be .ii. other myntes
But I meane howse myntes / the
which properly is sayde garde myn-
tes / for that moste comonly is in
medecynes bothe grene and drye /
F. i. for

for great holstones it shulde be dyp-
ed in a shadowe place & so it wyl be
kepte a yere in greate bettrue to dis-
solue or lose to consume of his pper
qualyte and to cōforte of his swete
sauour for the styntyng of y mouth
and fylthe of the gōmes and of the
tethe walshe thy mouthe and gom-
mes with byneger that myntes be
laden in/and after rubbe him with
the powder of myntes or with dry
myntes to prouoke the appetyte
whan an impedymēt of the stoma-
ke that comethe of colde humours
beynge in the mōthe of the stoma-
ke/make a salve of Myntes and
byneger with a lyttell Syngamum
and peper and vse it well agaynste
bomytes that comethe of feblenes
of the stomake or of colde causes/
Sethe myntes in Sauge water &
byneger and dype it in and laye it
on the mouth of the stomake with
the Myntes that be sothen therein.
Also

Also gyue to the pacyent to ete of
the same Myntes for the syncope
ne and feblenes in feuers & with-
out feuers / or of medecyne / or of
what cause it be / stampe Myn-
tes with vineger and a littel wyne
yf the pacyent be without feuer /
and yf he be with feuer / stampe
Myntes with byneger alone / thā
make a toste of lower brede and
toste it well tyll it be almoste bzent /
than put it in that lycoure and let
it lye therin tyll it be well soaked /
than put it into his nose and rubbe
hys lypes / gomme / tethe and tē-
ples there with and bynde it to the
pulse baynes of his armes / and let
the pacyente ete the moystnes that
it leste / and swalowe it in / for to
dense the mother / take the tender
croppes of Myntes and seth them
in water or wyne and playster it to
the Chare / and to the raynes / aga-
ynst the conglynge in a womans
F. II. beste /

breste / take þ small stalkes of myn-
tes and sethe them in wyne & oyle
and playster it aboute þ tetes . Also
be it knowen that whan any mede-
cyne shulde be gyuen agaynste ve-
nym : it shulde be gyuen with the
ioyce of myntes / for myntes haue
a manner of strength of drawynge
out of venym / or els it shulde be
with wyne that myntes hathe ben
soden in for stoppyng of the splen
and the lyuer and of the wayes of
the wyne of a colde humoꝝ and of
a hote without feuer . Take the
ioyce of myntes alone or myntes
soden in wyne or the ioyce of myn-
tes medled with hony / and gyue it
to the pacient / To slee woꝝmes in
the bely / take the ioyce of myntes
and dꝛynke it and thou shalbe hole
Also the ioyce of myntes sleeth woꝝ-
mes in the eres . For a tetter take
the ioyce of myntes and put therto
Bymstone and byneger & medle
them

them well to gyther and anoynte
the tetter therwith and thou shalt
be hole. For a wounde in the heed
stampe myntes and lay the on the
wounde. &c. For payne in the syde
take myntes and sethe the in olde
wyne or ale & with it stampe. xviij.
graynes of peper and drynke it in
the nyght / there be but lyttel dyffe-
rence betwene thys mynte and the
romayne mynte / thys is the gar-
den mynte.

Cap. littera et primo de Ruce
muscata.



Nutmegge is hote and
drye in the .ii. degre / þ
beste groweth in ynde
and in the tyme of hys
ripping it is gathered /
and. vii. yere it may be kepte / they
that be playne and heuy after theyr
kynde be beste to be chosen. And
whan they be broken they fall not
to powder but they haue a swete
& .iij. and

and sharpe sauoure / yf they lacke
any of these aforesayd / they be not
good for medecynes / he hath the ver-
tue of comfortynge by his swete sa-
uoure / for coldnes and feblenes of
degestyon of the stomake take in
the mornynge halfe a Nutmege or
a hole Nutmegge and ete it . Also
for a colde stomake that is feble of
degestyon and for the lyuer gyue
hym wyne þ Nutmegges is boyled
in . Also for the same boyle Nutmeg-
ges and Mastike in wyne & dryn-
ke it / this is good for the deseases
in the stomake and in the bowelles
to breke wynde . Also in the recoue-
rynge of a syknes to comforte the
spryтуall membes / boyle Nut-
megges and mastike in wyne and
drynke it . Also take a Nutmegge
and smell to it and it wyll comforte
the spryтуall members .

¶ Napo .

¶ This is named Nauewe / it de-
syreth

lyeth grounde that is fatty / and
sandy / it groweth beste in suche
grounde / The properte of the Rau-
wes is / he chaungeth and turneth
into rape / and after that it turneth
into Rauewe / The beste do growe
in grounde well donged and tur-
ned . Also it proueth well in places
that stubble of corne hath ben in
the same yere / If they growe to
thycke plucke some vphere and the-
re / so that the other maye proue the
better / and those that yeplucke vp
set the in boyde places / They shul-
de be sownen in yende of July and
in Auguste / the beste sauored Ra-
uewes be they that be longe and
strayght & not ouer great nor brai-
ches in the rootes / but an strayghte
rote . Also of Rauewe maye be
made a passynge good mete with
a lyttell salte and vyneger hony
and mustarde & with swete spyes
and it maye be made without spyes

I.iii. Rauewe

Rauewes be hote in the seconde
degre / and they noyſſhe moche /
but they be hard of degeſtyon / they
make the fleſhe ſofte and wyndy
but leſſe wynde than rapes. Ther-
fore whan ye ſethe them in water /
caſte that water awaye / and ſethe
them in an other water and ſo hys
hard ſubſtaunce is tempered by that
and ſo menely betwene good and
euyl they gendre noyſſhyng / for
they that be thus well ſothē be not
harde of degeſtyon / they make one
wyndy / and they make ſtoppyng
of baynes & of poores but yet they
be profitable if they be ſothen twyſe
and both the waters to be caſte a-
way / and they to be ſothē with the
thyrde with fatte fleſhe .

E Hic incipit littera D. Et primo
de Libano.

Libaniſm is called franken-
ſence Thys is hote and dry
in the .iii. degre / it is a gumme of
a tre

atre in Inde The cleneste is the
beste. Also there be trees of that
kynde growyng in Damaske / but
not clere nor good for it is darker
of colour / thetore it is to be refu-
sed in medecyne / it hath vertue of
comforynge by his swete sauour.
Also of closyng and constraynyng
for the tothe ache that cometh of su-
perfluyte of humours of the heed
and specyally by þ baynes / make a
playster of powder of frākensence
with wyne & the whyte of an egge
medle them to gyther and playster
them aboute the temples. Also to
stoppe the wayes of the baynes a-
boue take frankensence and che-
we it well in thy mouthe and that
shall stoppe and let the flux of hu-
mours comyng downe to the nose-
thrylles / take pilles of frākensence
& swalowe them downe in the mor-
nyng / than boyle frankēsence in
wyne and at euen drinke that whā
f. v thou

thou goes to bedde . Also these pyl-
les be good to helpe the degestyon
of the stomake and good agaynste
soze balkynges . Also to the comfo-
tyng and clensyng of the Matry-
ce / and helpyng of concepyon in
the receyuyng the fume of franki-
cence byneth . Also boyle powder
of it in wyne and whan it is mete-
ly warme dippe a clothe in it and lay
it so warme to the Chare of the pa-
cyent / and greatly it comfortethe
the Matryce .

Hic incipit littera D. Et p[ri]-
mo de Pruna.

Prunes be colde and
moyste / some be white
some be blacke & some
be reed . They that be
blacke and sumwhat
harde be the beste / they be called
Damsons / and whan they be ripe
gather the and slyt them & sprynge
byneger

yl- bynegger vpon them and so they
on may be kepte in a vessel of woode
ste a yere / and fyrste whan they be cut
oz they must be layd in the sonne .xv.
ry- dayes to dry these Damsons haue
in vertue of coldnes and clenysynge of
ke the in warde partes wherfoze they
er be good in feuers that be sharpe &
te- for costykenes of the bely that co-
ay methe of drynes oz of Coloryke hu-
pa- mours dryenge / if it be newe gyue
he it hyni to ete / yf it be dry boyle it in
water and gyue the pacyent to dryn-
ke therof / this is good for the feuer
tercyan / for stoppyng of the lyuer /
for the iaundys and sharpe feuers
it softeth the bely / it is good for de-
faute of appetyte / and for many o-
ther diseases.

Peper.

Thys is called Peper it is hote
and dry in the .iiii. degre. There
be .iii. maner of Depers / blacke
whyte & longe peper. Diascorides
and

and Constantyne sayeth that they
be frutes of trees growyng in In-
de/ and some say that Peper is ma-
de blacke with brennyng in the fy-
er for whan it is gathered there be
great multitude of serpētes about
and therfore they put it in the fyre
to brenne the serpentēs þ̄ be about
it/ the Sarasyns dry it in an ouen
bycause it shall not encrease in an
other lande . But of all the Peper
the blacke is the beste / & the moste
holsome/ take peper and put it into
the noſetrylles and it wyl make the
to nese and ſethe peper and fygges
in wyne and drynke it and it wyl
clense the ſpyrytuall membres of
toughe humours and it is good for
the poſe that is taken of colde . Also
for the ſame eate powder of peper
with fygges . Also powder of peper
put in a mannes mete conſorteth
the degeſtyon of the ſtomake . Also
put longe peper in a roſted apple
and

and ete it and it shall comforte the
degestyon. Also powder of peper
wyl frete awaye deede fleshe or pro-
wde fleshe / and longe peper com-
forteth moze than blacke. Also blac-
ke peper hathe vertue of loynge
comforynge and of drawynge / it
denseth the spyrytuall membes of
colde flewme & bycious humours
and beste whan the powder of it is
eten with fegges for he hath great
strength of hetynge and comfo-
rynge the stomake prouokynge ap-
petyte / but to Sanguyne and Co-
lopyke persons it is not good to vse
peper / for it dryeth & brenneth blod
and it engendzeth lyper and other
euyl sykenes / Pluto saythe that
peper is fowle to see in syght with
out blacke & withyn with a sharpe
sauour and aswete odour / lyttel in
quante and moche in vertue.

¶ Dympernell.

Thys herbe is good to hele woundes

DES

des and to destroy benym/ and to
hele a postume and soze eyes.

Pulegium.

Thys is named Pulpoll royall
it is hote and dry in the. iiii. degre.
In the tyme of flowering it shulde
be gathered / and it maye be kepte
in hys vertue a yere / whan it shall
be vled in medecynes take y leues
with the flowers and stryppe them
fro the stalkes / and it hath the vertue
of lolyng and consumynge / for a
colde humour in the heed take pow
der of it and hete it well in a Skyl
let and all hote bynde it to the gre
uaunce without any lycour. Also
for a greate colde taken in the heed
and for a touche humour or a wate
py humour / make agargarisme / se
the Pulpoll royall and dye fygges
in a tarte vyneget / & take a good
sponfull there of as hote as ye may
suffer it and holde it in thy mouthe
tyll it be almoste colde than put it
out

out and take asmoche more / and do
so. lii. or. iiij. tymes and that shall
purge thy heed well of fleume. Also
sethe it in wyne and drynke it and
it is good for the deafe in the sto-
make in guttes / and for colde cau-
ses / or for wynde in the stomake.
Also it is good for toughe fleume
in y^e breste / yf thou take powder of
it and medle it with claryfied hony
and make a lectuarie therof and
use to eate therof / or take the herbe
therof & boyle it with wyne / hony /
or water and use to drynke therof.
Also for the blacke colour drynke
the ioyce of it or boyle it with wyne
and thou shalt be hole. Also for a y^e-
chyng byle / lay this herbe in wa-
ter and use to washe the y^echyng
therin warme and thou shalt be hole.
Also for ache take this herbe al gre-
ne and stampe it and playster it
to the ache and it wyll ease it. Also
agaynste

the

the coughe boyle this herbe in wyne
and drynke it luke warme and this
wyl make one to pylse well. For
the dysseale in the bely stampe this
herbe with comyn and water and
lay it hote to the nauell and lyghtly
it shalbe hole / for y dysseales in the
lyuer stampe this herbe and tem-
per it with water and vineger and
drynke the ioyce therof / and thou
shalbe hole. For an ache in the leg-
ges or armes take the leues of el-
der and Bulpoll royal of euery lyke
moch and stape them to gyther well
and playster it to the greuaunce / and
it is good for the feuer tertian / yf
thou take the braunches of this her-
be and wrappe it in a good Locke of
wooll and gyue it to the pacyent and
let hym smel therto / befoze the feuer
come on hym / and that shal do hym
greate ease. For the heed ache take
this herbe and bynd it fast roude a-
bout thy heed and anone it leaceth
the ache

the ache. Also yf a woman haue a
beed chylde in hyr wombe / stampe
thys herbe and gyue hyr to drynke
with olde wyne / and she shalbe de-
lyuered of it by the grace of god /
for the crampe drynke the ioyce
with vynerger saltynge and it wyl
put it awaye.

Cencedanum vel feniculus
porcinus.

Thys herbe is called mayth Hog-
ges fenel oz mayden wede this her-
be is hote and dry in the .iii. Degre
whan thys herbe is gathered for
medecynes the rote is better than
the herbe / whan the rotes be gathe-
red they may be kepte all a yere / it
hath a purgynge vertu / it is good
for the stranguryon oz the flye and
good for stoppyng of the splen and
the lyuer / boyle this herbe in wine
oz water and gyue it to the pacyent
to drynke. Also sethe it in oyle and
wyne and playster it to the share &
E.i. it wyl

It will helpe the strangury or the
flye. Also the same playster is good
for hardness of the spleen it multiplyeth
that. Also agaynst the colde hu-
mours of the spirytuall membes
gyue hym to drinke water with bar-
ly and this herbe soden to gyther/
and yf it be feruent colde humour
than lethe the Barly and the herbe
in wyne/ and gyue it to the pacient
to drinke with Lycozce.

CPetrocillum.

CThis is called Persly this is
hote and moyste in the. iiii. degree.
It multiplyeth greatly mannes
blod and dothe awaye the Tyspe/
it helpeth well to destroy the feuer
tertian/ it is good for the syde and
the dropsey/ it comforteth the harte
and the stomake/ and it is good in
potage and to stoppe chekens.

CPeritorium.

This herbe is called Peritor and
it is

It is hote and drye / The Virtue of this
herbe is thus . If a man haue an
euill stomake or els akyngge with-
in hym take this herbe and sethe it
in thy potage and eate therof and
thou shalt do well . Also this herbe
is good to hele one of the stone / yf
he be bated with it.

¶ **Plattinaca.**

¶ This is called a Parsneppe / It
is hote and moyste in the seconde
degree . There be .ii. maner of Per-
snepes the one is the Persneppe
of the garden / and the other is the
wyloe Parsneppe / They be more
blesed to mete than to medecyne hys
virtue is to engendre thycke blode &
moche wherfore it styrteth the luste
of the body yf it be moche bled ther-
fore it is good for a mā that is new-
ly recouered out of hys greate spe-
kenes to vse to eate of it a whyle .
Also they be good to be eten rane
y loden for y melancoly humours
G.ii. grene

grene and not dry. To make a se-
rope to styre the luste of the body
and for to comfote the degestyon
take rotes of Parsneppes & sethe
them well in water/ than take them
out and caste away the water and
the rotes that be in gobettes boyle
thē agayne in water thā put therto
hony well claryfied and lette them
boyle vnto the thychenes of hony
and cōtinually styre it that it cleue
not to the vessel and in the mydle
of the boylunge/ put in almondes
yf ye haue them in the ende of the
boylunge/ put in/ gynger/ galynga-
le/ and a lyttell Pepper Nutmegge
& other swete sauored spyes/ Also
Parsneppes maye be sowne in de-
cember/ January and Marche in
fat grounde depe dolen and lose
grounde and beste digged/ and they
be sumwhat wynde. Boyle them
in two waters but caste away the
fyyste water. Also there is a Par-
sneppe

sneppe that is somwhat reed / the
whiche maye be eten both rawe and
soden and with the and Rauwes
togpyther ye may make a very good
mete and fayer and reed in colour
the whiche be sothen as Parsnep-
pes be.

¶ Plantago.

¶ Thys is called Plantayne / it is
colde and drye in the .ii. degre / for
heed ache take Plantayne & bynde
it aboute thy necke & the ache shall
go out of thy heed . Also for dyslea-
ses in thy body / sethe thys herbe in
good lycour what ye wyll and vse
to drynke it and it shall clense the
matwe and y other inwardes. Also
for hym that bledeth at y nose gyue
hym to drynke the ioyce of it and it
shall cease lyghtly. Also yf the body
of any man be wexen hard / stampe
this herbe with grece and make a
playster of it & lay in on the hard-
nes and lyghtly it shall be softe and
G.iii. make

make it hole . Also for bytyng of a
serpent / take this herbe and drinke
it with wyne . Also for the deafe
in the mouthe take the ioyce of this
herbe & holde it longe in thy mouth
and ete the leues of thys herbe / for
hym that maye not well prisse sethe
thys herbe and drynke it . Also for a
rotten humour in the breste and a-
bout the harte / take the ioyce of
thys herbe the wayght of .x.d. and
medle it with hony and gyue hym
to ete a sponesfull at one tyme and
that shall purge the breste / for ache
in the fete / take thys herbe with vy-
neger and drynke it . Also it healeth
woundes and clenseth the fylth out
of woundes . Also it swageth ran-
kelynge and stauncheth the men-
cyons bothe with drynke and with
playsters made with powder of Al-
monyake and of sād rago wne and
Barly medle with the whyte of eg-
ges made in a playster & layde to p
soze /

foze / for the Canker and the payne
in the gūmes / take the ioyce therof
and medle it with honny and vyne-
ger and powder of Alumē and that
shall slee the Canker in the mouth.
Also for the feuers stampe .iii. Ro-
tes of Plantayne / & tempre it with
water and gyue it hym to drynke
that hathe the feuers and he shall be
hole / for the Jaundys stampe Pla-
tayne and Lettysse togyther & tem-
per them with vyneger and make
a playster thereof and laye it to thy
vyght syde & vse it tyll thou be hole /
and it is good for y^e bittynge of an ad-
der drynke the ioyce of it & laye the
substaunce of the herbe to the foze
for the same hange the rote of plan-
tayne aboute the necke of the pacy-
ent and meruelouslyt helpeth / for
the potager and for the defeale in y^e
snowes stāpe the leues of it with
alpyttell salte and playster it well
thereto and meruelouslyt it helpeth.

G. iiii. Pozum.

Cporum.

CThys is called a leke / it is hote
and dry in the .iii. degre / it despyeth
louse grounde and fat and well dou-
ged in that they shall beste profyte
in hote places and tēperate. They
may be sown in Decembre in tem-
perate places and cold. They maye
be sown in January february &
Marche whan the grounde is wel
dygged and dyght and it maye be
sown by it selfe or medled with o-
ther sedes of herbes in god fatte
grounde well dygged and turned
a boue it with good dōge / thys sede
wolde be sown somwhat thycke /
and whan they be sumwhat sprong
take vp the greateste lekes & plant
them in forowes but take awaye
none of theyr rotes whan ye set thē
in the forowes but whā ye set them
with a dybble / than cut awaye the
rotes almost vp to y leke heed and
awaye the vppermoste of the leues /
they

they maye be plantyd in / July / Au-
guste / September / & October / they
be moch profytable in March and
in Apryle nexte folowynge / but in
your plantynge you shall not seke
after fat softe grounde for menely
ground that is beste & that groude
that is almoste drye is beste / there
is .ii. maner of settynge of lekes /
one is in forowes as is the maner
in Bonony and the forowe muste
be fro the other a spanne large and
the lekes must be set in the forowe
iiii. fyngers brede eche fro other &
whā ye make the next forowe caste
the erthe on the lekes and trede it
downe softly with thy fote . The .
ii. maner is thus whā the ground is
wel dygged & raked than make ho-
les with a great dibill & euery hole
fro other a large spā more in which
the lekes must be set in but fyll not
thy holes nor put erth on them but
let thē be voyd .iii. weekes / whan we
G.b. Des

des geowe among them pull them
bp & kepe the clene fro weedes/ Dy-
uers auctours saye that the Lekes
that be thus planted be better than
any other / oꝝ they may be well pla-
ted amonge great onyons & whan
the onyons be taken awaye / weede
the lekes and you shall fynde them
fayer and god / and whan ye plucke
bp leue some in a place / & leue some
foꝝ seede the which seede may be kept
iii. yere and it be hanged bp in the
hulles / lekes be beste soden / oꝝ. iii.
tymes washed befoꝝe they be eten
foꝝ a wounde take lekes and stam-
pe them wel with honny and lay it to
the wounde and it wpll hele it / foꝝ
the cough take y ioyce of lekes and
bse to drinke it / foꝝ y same take y ioy
ce of lekes & medle it with womas
mylke and bse to dꝝynke it / & it wpll
clense the longes of all byces.
*fracturas solidat duritiasque re-
laxat.*

Quil-

Vulnusque appositum: ceto cum sa
le claudit.

Piretrum.

Thys is called Pelleter/ It is hote
& dry in y. iii. de gre/ the rote is bled
in medecynes/ tyue yere he may be
kept in his vertu/ & knowe ye wel y
h^y Charpnes is not knowe/ it shulde
be powned & holdē in y mouth. He
hath vtu of losynge & drawyng & of
cōsumyng. To make agargarisme/
take pelleter & fygges & boyle thē i
byneger oz swete wyne & it wyl clē
se y brain of supfluite of flume also
yf it be chewed in the mouth it hel-
peth y palsy in y tonge. Also for the
Palsy & the potagar stampe it & seth
it in wyne & oyle & playster it to the
greuāce thys playster helpeth moch
therfoze yf thou may haue grene pe-
liter stāpe it & lay it i lokige in wynn
xv. dayes/ & after boyle it wel & put
ther to were & oyle for th^y is y beste
oyntment for al y forsayd deseases.
Papauer.

C Papauer.

C Thys is called Popy / it is colde and drye . There is .ii. maners of them . The whyte Popy is colde and moyste and it is good to cause one to slepe . The seede therof well gathered maye be kepte .x. yere / it hath vertue of clensynge It is put in medecynes with a determynacyon as the seede maye be receyued of whyte Popy or blacke / For to prouoke a slepe / make a playster of eche of them or one of them with womans mylke and the whyte of an egge and laye it to the temples / The women of Salerne gaue to yonge chyldren the Popy but they wolde gyue them no blacke Popy for it made them to moche heuy . Also for a hote postume in the begynnynge and for chafynge of the lyuer take the seede of whyte Popy or els the herbe of it and stampe it and medle it with oyle of Roses
and

and playster it to þ greuauice. Also for Dynes in feuer etyke and in other feuers take and hete oyle of byoled medled with powder of Poppy seide/ and anoynte the small of the backe therewith.

Polipodium.

Thys is called Polipody / it is hote in the .iii. degre and dry in the seconde degre. Thys Polypody it is a ferne þ groweth vpon okys or on walles or stones but the Polypody that groweth on okys is the best/ Gather the rotes of it and lay it a daye in the sonne chose that is grene and that which appereth dry whan it is broken it is to be refused/ he hath vertu of dissoluyng of drawyng of purgynge fletome and specyally malancoly wherfore communely he is put in boylunge and to fletomatyke and malancolous hole men/ he is gyuen to preserue theyr helthe/ and knowe well that
in the

in the boyllynge of polypody shulde
be put in some thyng to exclude &
put out ventuosityte as Mayle sede/
fenell iede/ or comyn or els al these
aforesaid iedes for they exclude out
moche wynde and vntydeth hu-
mours. Also for the corydian and
for Filica passio and to kepe a man-
nes helthe do thus stampe halfe an
vnce of Polypody or an vnce yf ye
wyl haue it moche laxatyue/ than
boyle it with Runes and byolet-
tes in fenell water or anyse/ in a
greate quātyte than strayne it and
gyue it y pacyent at moynynge a
eupnyng. Also stampe it and lethe
it in water with fenell sede & with
water/ & make a broth with a cheki
therin with swete sauored spyes &
giue the pacyēt to eat also & make a
Drinke therof after th^e maner stampe
it & boyle it in wyne & after put more
wyne therto and so make by your
Drinke with swete sauored spyes.
Dientum

Opium.

Opium is called Byeny/ It is hote
and drye in the seconde degre/ so
sayth epocras and Galvẽ the good
phylosophers/ they say that the rote
therof groweth to dyuers medecy-
nes/ and it wyll laste. x. yeres and
it is colde for the palsy/ drye the rote/
and drynke powder with Calter
soden in wyne. Also the same is
good for the Stone. Also yf a man
be costyue and maye not go to the
draught take and strawe the pow-
der therof on Cotton and put it in
to hys fundement/ and drynke the
powder in whyte wyne. Also for
a man or woman that hath the fal-
lynge euell eat it and drynke it
in wyne. Also hange the rote a-
bout hys necke and it wyll saue
hym without doubte within .xv.
dayes. Also it helpeth the sores
in the mouthe. Also yf thou sethe it
in wyne it helpeth the splen. Also
drynke

Drynke pyeny with water & hony
and do therto powder of Colyan-
der and this is good for the stom-
acke/ for the mylke and for grauel in
the raynes. Also it is good for wo-
men for dyuerse deseases. Also se-
the it in whyte wyne and gyue a
woman to drynke therof and it wyl
hele hyr bladder & make hyr to pyss
the stone/ and it wyl hele hyr of the
Marris. Also pyeny seede whan it
is blacke it maketh deliuerance
of the bed of the chylde in hyr wombe
and at euery tyme whan she shall
ble to drynke it/ she muste drynke.
xv. sedes at one tyme.

C.Littera. Et primo de
Quinquifolio.



Quynckfoyle is colde &
dry in the .ii. degre this
herbe is good for ache
in a mannes lymmes/
and for ache of y heed/
mouthe/ tonge/ and throte that be
soze/

soze / take & seth this herbe in wyne
and gyue the pacyent to dryke ther-
of. iiii. dayes fyrste and latte and he
shal be hole. Also stape and drynke
the soyce of it in ale and it wyll cea-
se the akynge and gna wynges of a
man or womā. Also yf a man blede
soze at the nose gyue him to drynke
the soyce of it with wyne / & anoynt
his heed well with the soyce of this
herbe / and anon the blode shal sta-
unche / For to slee a Canker / seth
it in wyne and the grece of a swine
and make a playster therof and lay
it on the Canker and it shal slee it.
Also take powder of quynkefoyle
and medle it with hony and ther-
with rubbe thy mouthe / tonge / and
throte / and the chekes within and
it wyll purge it well. Also for poi-
son and bytynges of a serpente take
the soyce of Quynkefoyle and drin-
ke it with wyne and metuelusly it
resysteth venym.

Hic incipit littera . R . and syn
of hybworthe.



Rube wort is good for
y feuer quartaine take
the ioyce of thys herbe
and drynke it. ii. how-
res before ye thynke y
desease shall come to you and by y
grace of god it shall go fro you.

Redde netle.

Take Reed Netles / and stampe
them small and sethe them in a er-
then pot with a porcyon of whyte
wyne tyl halfe be wasted / and gyue
the pacient to drynke fyrst and last
warne and laye the herbes to the
fundement as hote as the pacient
maye suffer it and vse thys medecy-
ne tyl he be hole.

Rosa.

This is the reed Rose / it is colde
in the fyrste degre and dry in the se-
conde degre / Dry roses and grene
roses be vled in medecynes / and of
grene

grene roses be made many confec-
tyons . Also dry roses be put in me-
decynes / whan a receyte of roses
is made / for they be sone made in
powder / of roses is made Mel ro-
set / Sugar roset / Syrop of roses a-
lectuary of roses / water of roses /
and oyle of roses . Mel roset is
made thus take faire purified hony
and newe reed roses the whyte en-
des of the clippd awaye than chop-
pe them smal and put them into the
hony and boyle them meenely togy-
ther / to knowe whan it is boyled
ynoughe / ye shall knowe it by the
swete odoure and the colour Ruse .
fyue yere he maye be kepte in hys
Botu / by the roses he hath Botu of cō-
fortynge / and by the Hony he hath
bertu of clensinge / In wynter and
in somer it maye be gyuen compe-
tently to feble / seke / flumatyke / ma-
lancoly / and colozpyke people : also
H.ii. Mulla

Mulsa is made of water and mele
roset and it may be gyuen after the
iii. daye y it cometh out of the bathe
for to clesse the stomake of cold hu-
mour gyue him mel roset with wa-
ter that fenell seede is boyled in put
tyngge therin. iiii. graynes of salte
yf the seke maye take it this Mulde
be the quantyte of roses and hony.
Ia. vii. pounce of Honyp put a pou-
de of Roses Suger roset is made
thus. Take newe gathered Roses
and stampe them ryght small with
Suger than put it in a glasse and.
xxx. dayes let it stande in the sone/
and styre it well and medle it well
to gyther & so it maye be kepte .iii.
peres in his vertue / The quantyte
of Suger & Roses Mulde be thus/
in. iiii. pounce of Suger a pounce
of Roses / he hathe vertu of cōstay-
nyngge and comfortynge of the flux
in the wombe / Take Suger roset
and powder of Mastike of euery
one

one a dram/ and medle them wel to-
gyther and gyue it to the seke/ after
that gyue him rose water that Ma-
lyke and cloues be soden in. Sy-
rope of Roses is made thus some
do take roses dyght / as it is befoze
sayd and boyle them in water/ and
in þ water strayned they put Su-
ger and make a syrope therof/ and
some do make it better for they put
roses in a vessell hauyng a strayght
mouthe & they put to the roses hote
water and they let it stonde a daye
and a nyght/ and of that water put
tynge to it Sugar they make syrop
and some do put more of Roses in
the foresayde vessell & more of hote
water/ and let it stāde as is befoze-
sayde and so. they make a reed wa-
ter and make therof a syrop. And
some do stampe newe Roses and
then strayne out the ioyce of it and
Sugar therewith they make syro-
pe: and thys is the best makynge of
H.iii. syrop

Syrup and knowe ye well that Syrope made of freshe and new Roses fyrste somewhat menely they lax in ynde they bynde but Syrope made of dyre Roses fyrste and last they bynde Syrope of Roses hath the vertue of comfortynge and constryngynge agaynst the flux of the wombe and the vomyte gyue it to hym with rayne water or with rose water in a feuer. After letting of blode gyue it hym with colde water. Also the same for the Syncoppyne. Oyle of Roses is made thus / some boyle Roses in oyle and kepe it / Some do fyl a glasse with Roses and oyle and they boyle it in a caudron full of water & thys oyle is good / Some stampe freshe Roses with oyle & they put it in a vessell of glasse / and set it in the sonne .l. dayes and thys oyle is good agaynste chafynge of the lyter / yf it be anoynted therewith. Also it is good for the deafe in the

in the heed that cometh of hete a-
noynt the forehead and the temples
with oyle of Roses. The water of
Roses hath the vertu of comfortynge
and constraynyng agaynste the
flux of the wobe and vomyte. Also
gyue hym rose water boyled with
Mastike and cloues it is beste aga-
ynste the flux and feblenes of ver-
tue yf it come of a flux by a Warpe
medecyne. Also rose water is good
for the Syncoppe and the Cardy-
acle gyue it hym to drynke and spri-
ge the water on hys face and y wa-
ter is good for eyes and in oyntme-
tes for the face / for it taketh awaye
the weimmes and the superfluyte
and strayneth the skenne. Also dry
Roses put to the nose to smell do
comforteth the brayne and harte
and quencheth the spyrte. Also
agaynste the flux of the wombe
of coloure gyue hym Roses boy-
led in rayne water. Also a playster
℞.iiii. made

made of roses and the whyte of eg-
ges and vyngar and Dyp a ipöge
in it and laye it on the mouth of the
stomake agaynste the syncope/
gyue hym to drynke water that ro-
ses haue ben boyled in/ and gyue
hym powder of roses i a reere egge
to make oyle of roses/ take .ii. li. of
oyle a li. and an halfe of roses and
put all in a glas / and put the glas
in a Cauderon full of water and
hange it therein and boyle it tyll the
thyrde parte be wasted and after
strayne it through a lynnē clothe &
kepe it for your vse for thys oyle is
losyng and seruet h for many thyn-
ges. Some do put rose water in a
glas and they put roses with theyr
dewe therto/ & they make it to boyl-
e in water/ than they set it in the
sonne tyl it be red/ and this water
is beste/ thys hathe vertue of com-
fortyng and constraynyng and
for the fluxe of the wombe and a-
gaynste

gaynst the bomyt.  

Rosemary.

CThys herbe is hote and drye/
take the flowers and put them in
a linnen clothe and so boyle them in
fayer cleane water to the halfe and
coole it. & Drynke it for it is moche
wozthe agaynste all euylles in the
body. Take the flowres and make
powder therof and bynde it to the
tyght arme in a linnen cloth and it
shall make y^e lyght and mery. Also
ete the flowers with hony fastyng
with sowet brede & there shall ryle
in the non euyl swellynge. Also
take the flowers and put them in a
cheste amonge your clothes or a-
monge bokes and motthes shall not
hurt them. boyle the flowers in go-
tes mylke and than let the stede all
a nyght vnder the ayer fayer coue-
red after y^e gyue hym to drynke ther
of that hathe the tyfke & it shall de-
pyer hi. Boyle the leues in wyte
H. b. wyne

wyne and washe the face therewith
thy berde and thy browes and ther
shall no coines grow out / but thou
shall haue a fayre face / Put the le-
ues vnder thy bedd^s hed and thou
shalbe deliuered of al euyl dremes
Bryke the leues small to powder
and lay them on a caker and it shall
flee it / Take the leues and put the
into a vessell of wyne and it shall
preserue it fro tartnes and euyl sa-
uoure / and yf thou sell that wyne /
thou shall haue good lucke in the
sale / If thou be feble with vnkyn-
dly swete / take and boyle the leues
in clene water and whan the wa-
ter is colde do therto as moche of
whyte wyne / and than make ther-
in coppes and ete well therof / and
thou shall recouer appeynte / If
thou haue the fluxe boyle the leues
in stronge Alesell and bynde them
in a linnen clothe and bynde it to
thy

thy wombe and auone þ flux shall
with drawe / If thy legges be blo-
wen with the gout boyle the leues
in water / and than take the leues
and bynde them in a linnen clothe
aboute the legges and it shall do
the good Take the leues and boy-
le them in ströge Wyell and bynde
them in a clothe to thy stomake and
it shall delyuer the of all euylles /
If thou haue the coughe / drynke
the water of þ leues boyled i whyte
wyne / and it wyll hele the Take
the rynde of Rosemary and make
powder therof and drynke it for
the pose and it shall helpe the Take
the tymber therof and byrne it to
coles and make powder therof and
than put it in a linnen clothe and
rubbe thy tethe therwith / and yf
there be any wormes therein it shall
sle the & kepe thy teth fro all euylles
Also make the a bore of þ woode &
smell to it and it shall preserue thy
youth.

pouthe . Also put therof in thy do-
res or in thy howse and thou shal-
be without daunger of Adders and
other venemous serpentes / Make
the a barrell therof and drynke thou
of the drynke that stondesth therein /
and thou nedes not to fere no poi-
son that shall hurte the and yf thou
set it in thy garden kepe it honestly
for it is moche profytable . Also yf
a man haue loste his smellynge of
the ayer or els he maye not drawe
his brythe make a fyre of the wode
and take his brythe therewith & gy-
ue it hym to ete and he shalbe hole .

¶ Ruta.

¶ Thys is called Rewe / thys is
hote and dry in the .ii. degre / the le-
ues and the sedes be vlsed in mede-
cynes y sedes may be kepte .x. yere
and the leues a yere / he hath vertu
of purgynge / dissoluyng and con-
sumynge / for the heed ache take the
ioyce of rewe and hete it and put it
into

Into his noſethrylles for it purgeth
out flume and clenſeth the brayne/
the ioyce ſoden with wyne is good
for the ſame/ Forfeblenes or lyght
put Rewe in a pot with ale and let
the pacyent ble to drynke of it/ For
ſtoppyng of the ſplen and lyuer/
the ſtangury and the flux ſet the Re-
we in wyne with rootes of Fenell
or powder of Rewe/ with the ioyce
of Fenell and drynke it waime.
Alſo for an ache or fretynge/ ſtampe
Rewe with powder of comyn and
playſter it to the greuaunce. Alſo
agaynſt benym/ drynge the ioyce of
Rewe. For bytynge of venemous
beſte or mozme/ playſter Rewe to
the bytynge/ For feeble eye ſyght
ſtyll water of Rewe and roſes to-
gether and put therof i your eyes.
Alſo an ointmēt for ſore eyes/ ſtam-
pe Rewe and fenell together of
ptche lyke moche be wayght and
metle thē with hony and Eufroſe
and

and it is goodd oynment for eyes/
Take Rewe/Comyn/and Peper
of yche lyke moche by wayght/and
grynde them small together and
medle them with honny and vene-
ger and it is good for y^e ache in the
breste and in the raynes.

¶ Hic incipit littera. S. Et pri-
mo de Sinapio.



Sinapiū is called Mu-
starde / it is hote and
dry in the mydle of the
iii. degree / and not the
herbe put the sede is
put in medecynes. fyue yere he
may be kepte in hys vertu. He hathe
vertue of losynge / of drawynge / of
makynge thyn / and of cōsumynge.
For the palsy of the tonge take and
chewe the sede in your mouthe and
hold it vnder the tonge and it shall
do you good. Also for the palsy
in other membris sethe the sede
in wyne and lay it to the soze place
and

and it is beste in the begynnyng
of the dyssease . Also take the pow-
der of it and put it into your nose-
thylles and it wyll make you to
nese and it clenseth the brayne and
superfluyte of flume . Also sethe it
in wyne and fygges and holde it
warre in your mouth till it be all
moste colde thā take as moche more
and do so . v. or .vi. tymes a day / af-
moche another daye & this is good
for an olde pole of toughe and fly-
my humour in the head . Also for
stoppyng of the sple and the lyuer
sethe the seede in water with rotes
of fenell than strayne it and put
thereto hony and gyue it to the seke
to drynke for hardnes of the sple
sethe the herbe of it in wyne and
playster it to the greuaunce / for to
cure and breke a postume / stampe
this herbe well with hogges grece
and lay it to the postume . Also for
Stangury take the herbe of this
and

and fethe it in oyle and wyne and
playster it to the greuaunce and it
wyl louse it. Also for the Clatica
and for other olde sores take mu-
starde sede and the thyrde parte of
cromes of whyte brede and fygges
hony and vyneger after as y^e ache
of the sore requirerh the more of the
fygges and the hony that is ther
the more sharper is the strenght of
the sede and the more brede and vy-
neger that is in it the more weaker
is the sede but I say not y^e ye shall
put this confectyon to all sores but
to greute and olde sores this vertu
is yf he be even it sharperh a man-
nes wote it clenseth the bely/ it bre-
keth the stone/ it purgeth the byrne
menstrosyte and comfoteth the sto-
make.

¶ Smalage.

Take Smalage sede/ Kewee sede/
Peper and salte and grynde them
well togyther and tempre the with
wyne

wyne and drynke it / for it is good
for colde and wycked humours in
the stomake and comfyteth the sto-
make / the lyuer and the lunges / it
is good for woundes / for ranke-
ynge and to cease the brennyng
and akyng and to drynge them to
theyr kynd agayne / Also it is good
to drynke for the feuer tercyan.

¶ Salua.

¶ Sage is hote in the fyrste degre
and drye in the seconde degre / the
leues only be taken in medecynes
both grene and drye / he may be kept
a yere / There be .ii. maners of Sa-
ges the garden & the wylde Sage /
If thou wyll haue Sage in for me-
decynes take the leues of garden
Sage for that cōsumeth more and
comfyteth more thā the other bothe
for the palsy sethe the leues of sage
in wyne & vse to drynke it . for the
same seth the leues in wyne & play-
ster it to y greuaunce / also it is good
¶ .i. to put

to put in sauce / for þe strangury the
flur & the matryce it clenseth / sethe
the leues in water & let the pacyent
lyt ouer it & receyue þe hote fume of
it and it shall do hym moche good.
Also it is good for benym or pop-
son / Seth sage in ale or wyne and
ble to drynke it. iiii. dayes and thou
shalbe hole by the grace of god / for
the stomake drynke þe ioyce of sage
with water and hony / & it is good
to clense a mannes body to ble it
both rype and grene / it wyll make
a mānes body clene / therfore who
that bsethe to ete of thys herbe or
drynke it / it is meruayle that any
inconuenyens shulde greue them
that ble it If ye haue an ytchyng
on you washe it wel with the ioyce
of thys herbe & it shall cle þe ytchyng
Also drynke sage with wyne & a ly-
tell wormewode and it shall cease
the ache vnder the sydes / the wom-
be / and the stomake / it is good for
the

he palsy and dropsey.

¶ Sauria;

[Thys is call'd Saurery it is hote
and drye in the .iii. degre / L. the it
in wyne or water and drynke it and
it purgeth the raynes / the bladder /
the menstruositye in the bowelles /
it purgeth the longes and loith
grete humours and compelleth
and putteth hym out by the mouthe
by spyttinge / therfore he is bren-
nyng and styrceth hym that bieth
lecherly therfore it is tobyde to vie
it moche in metres / Soke it in by-
neger or wyne and drynke it and
it shall make y haue a meke stoma-
ke. Also whan it flowereth it shuld
be gathered & dried & powder made
therof. Also take the powder of Sa-
ueri & boyle it with claryed hony
and vse to ete therof or boyle it in
wyne and drynke it and it wpll lase
toughe flume in y brest. Also for fre-
tyng in thy bely drynke powder of
I. ii. it is

it in warme wyne and thou shalbe
hole. Also yf ye take the lesse sauery
it hath the same vertue & strength
that the other Sauery hath. Also
make grewell with water and flo-
wer and powder of Sauery & etc
thetof and that shall cleanse all the
spirituall members of a man.

Sarfrage.

This is hote and drye in the. iiii.
degre/ for the stone seche the rote of
it in wyne and drynke it. Also it is
good for the desease of the colyke &
the strangury/ and the powder of it
be eatē with an egge/ it is good for
the same. It maye be kepte in hys
vertue. iiii. yere.

Scabiosa.

This is called Scabias it is ho-
te and drye in the. iiii. degre/ to drye
it there is no profyte to it/ for scab-
bes take y^e toyce of it / byneger/ and
oyle and boyle them to gyther tyl
they were thicke/ and kepe it for it
is good

good for scabbes. For the Cme:
wodes sethe them in water than
ette ouer it and take the fume of it
and vse it & thou shalt be hole / slape
and seth it in wyne and y drynke
is good to destroy humours in the
omake / and drynke it euery daye
fastynge with Cutole & thou shalt
be hole and thou shalt neuer haue
the pestilence bredynge with in the
whyle thou do vse it. For the lyuer
stampe it and sethe it in wyne and
drynke it.

¶ Sothernwode.

Thys herbe is good for the coughe
and for byndynge in the hely and
in the breste and for dyscase in the
bones / and good for them that may
not well pylle take the seede of thys
herbe and stampe it and drynke it
with water & it is good for all the
foresayde. Also for the dyscases in
the syde / stampe thys herbe with
Betayne and drynke it and it hel

peth well. Also for the bytynge of a
serpent and for benym stampe this
herbe and drynke it with wyne and
it is good. Also for the colde feuer
stampe thys herbe with wyne and
drynke it and thou shalbe hole.

¶ Syngrene.

¶ Thys is colde and moyste in the
.iii. degree/ the ioyce of thys herbe
and also the same herbe is ryght
necessary for many dysleases/ Stampe
thys herbe with grece and playster
it to the disease and meruelously
it helpeth. For dysleafe and darke-
nes of eyes/ stampe this herbe and
put of the ioyce in the sore eyes/ for
chafynge of the lyuer take the ioyce
of it and byneger & dyppe a clothe
therin / and playster it to the gre-
uaunce/ for bytynge or scaldynge
make an oyntment of the ioyce of
thys herbe and oyle of Roses and
waxe / but lay it not to tyll after the
thre fyrste dayes/ but fyrste anoynt
with

with grece and suche other. Also
a dyleale of a hote cause this her
is good to be layde therto.

¶ Stytyche worthe.

This is called Stytyche worthe or
pyrdstog this is hote & moyst in the
first degre / y^e virtu of this herbe is it
is good to hele woundes & sore eyes.

¶ Scamony.

Scamony is hote and dry in the
iii. degre / the leues onely be best in
medecynes / it maye be kepte a yere
in his vertue or two for nede / For
the dysleafe in the stomake boyle le-
ues of it in wyne & drynke it. Also
the aforesayde drynke is good for the
belly / and for the strangury and flux
Also a stewe mad with boylunge of
it i water / or wyne is good for y^e for
sayd / If it be boyled in oyle & play-
ster it to the aforesayd for it is better.

¶ Sene.

Sene is hote & drye in the . iiii.
degre / it growet^r on y^e other syde y^e
I. iiii. see

see and moſte aboute Babylon: the
beſte be the flowers and the braun-
ches of it / It is good for many de-
ſeaſe / as the fallynge euyl: for the
Synacop for y^e ſplen / for the Eme-
rawdes / and for the quartayne / ſy-
rop made of it boyled in water and
Sugar is good for all the aforeſayd
ſyrop made with the ioyce of Bora-
ge is good for the aforeſayde . Also
Dyaſcoydes comaundeth to make
Cremell of the aforeſayde with boy-
lynge of bynegre and hony and it
wyl be good for the aforeſayde And
this herbe may be kepte ten yere.

¶ Selondyne.

This is hote & drye in the .iiii. de-
gre & Galien ſayth that it is good
for ſore eyes / take y^e ioyce of Selon-
dyne and boyle them wel to gyther
in a panne & whā it is colde anoynt
thy eyes therwith. Take ſelondyne
and wring out the ioyce & medle it
with whyte wyne and anoynt thy
eyes.

byſage therw^t & it ſhall do away fre
keles of y^e viſage/ the ioyce of Selō
dine & gotes dōge medlet to gyther
ſmal i a moztet/ thā yf thou lay it to
a cāker in a womans pappe it ſhall
ſlee the Cāker. Alſo take y^e ioyce of
Selōdine & powder of Wymſtone
and medle them well to gyther & it
wyl helpeto do awaye y^e Moztewe.
And ſethe the rote in wyne/ & whā
y^e pot is takē downe let hi holde his
mouth open ouer it y^e the bꝛeth may
go into his body/ & that ſhall ſlee the
canker in the mouth/ it is good for
him that hathe dꝛonkē venym with
his owne ſtale & that wil ſaue him.

¶ Sauayne.

¶ Thys is hote and drye in the ſe-
conde degre/ it is good to ſlee woꝝ-
mes in the wombe and to bꝛige the
out yf it be ſoden in wyne and gyue
to the pacient to dꝛinke. It is good
with butter oꝝ grece to make an
oyntmēt for y^e ſcabbe that renneth
A. v. to hele

to hele it & dye it bp / and it is good
foz the heed ache. yf it be stamped
and tempered with vyneger and
make a playster therof and lay it to
thy temples and vpon the mold of
thy heed.

¶ Scabiose.

¶ This is cold and moyst in the .ii.
degre / Stampe it and sethe it in
wyne and that dynke is good foz
the lyuer. And it wyll destroy wy-
ked humours in the stomake and
dynke it euery daye fastynge with
Eurose & thou shalt neuer haue po-
stume bredynge within the as longe
as thou doste vse thys medecyne.

¶ Littera. ¶ Et primo de Caplu barbasto.



Thys is called Molen
it is colde and drye / It
is good foz the Em-
ratodes and t be sothe
in wyne and scommmed
dene. Also it is good to washe the
treaunce.

grenaunce therwith / it is good.
Also for the flux in the bely.

¶ Towne cresses.

¶ This herbe is hote and drye in
the .iii. degre / the lide wyl endure
good .v. yere / It is good to staun-
che the flux & the mencyon / yf thou
take the seide and bruse it in a mor-
ter of bras & grue yf like to drinke
therof thre dayes every day a peny
wayght at ones with reed wyne
warmed and in thole .iii. dayes he
shalbe staunched / orelse he shall dye
of that euyll / it is good for the palse
and for the male flank / take yf seide
and seithe it with wyne & do it in a
poket & bynde it to the syde ther as
the grenaunce is . Also it is good for
hi yf may not well pisse / take yf seide
& seeth it i wyne & oyle of olus & binds
it to thy Chare / It is good for a man-
nes fundament yf goeth out yf it be
take of colde thā it muste be perswa-
gaine and strawe yf powder on the
fundament

fundament thy raynes with hony
and than strawe the powder aboue
with the powder of Comen oꝝ pow
der of Calafyne / foꝝ all these be
kyndly foꝝ it . Also take the stalkes
of towne cresses and bꝛe them and
there shall no venemous beste ne
woꝝme abyde the sauour noꝝ smell
therof / but he shall dye oꝝ fly away.

**Littera. V. and fyrste of
the Violet.**



Violet is colde in the
fyrste degre and moylt
in the secod / foꝝ blaste
in the eyes take the ro
tes of Violette's & stam
pe them with Myrre and Saffron
and at nyght lay it to the sore eyes.
Also foꝝ a wounde in the heed stāpe
the leues of Violettes with hony
and vyneger and playster it to the
wounde and it shall hele it. And foꝝ
the that may not slepe foꝝ syknes /
sethe this herbe in water & at euen
let hym

let hym soke well his fet in the wa-
ter to the ancles / whan he goeth to
bed bynde of this herbe to his tem-
ples & he shall slepe well by the gra-
ce of god . Take Violettes Myrre
and Saffron / and make a playster
and lay to y^e soze eyes that be swol-
len and it shall cease akynge & bate
the swellynge.

Qua suavis.

This is called the swete Raylyn
it is hote and moyste it hath the ver-
tue of clensynge / scowynge oꝝ into
thyng Raylyn eten oꝝ boyled in
wyne is good foꝝ the colde coughe /
Sethe them in wyne and they be
good to playster on the colde postu-
me and good foꝝ a colde stomake.

Meruayne.

Meruayne is hote and dry in the
seconde degre It is good agaynste
all maner of euylles of venym yf
the pacient drynke it tēpered with
wyne and stampe the herbe & lay it
on euery

on euery manner of bytyng of beng
mous beste/ and it wyll drawe out
the venyn and haue the soze/ who
þ vseth it/ it wyll make good bryth
and do awaye itynke of the mouth.
Also who that hath þ feuer tercyan
take. iii. rotes and . iii. croppes of
the same herbe & stampe them and
temper thē with fayre cleene water
and ggeue it to the pacyent to drike.
Also who that hath the feuer quar-
tayue let hym take the same drinks
Also it is good for the stomake/ the
lyuer/ and longes. Also take ber-
uayn Betayne/ and Sarcrag and
of euery of them lyke moche and
stampe them with wyne tempered
and thys is good for them that hath
the stone. Also they that bere ber-
uayn vpon them they shall haue lo-
ue and grace of greate maysters
and they shall graunte hym hys as-
kyng yf his askyng be good and
ryghtfull.

¶ Here

There begynneth. w. and fyrste of
water cresses.



After cresses be hote &
dye in the seconde de-
gre seth them in water
by the selfe and drynke
it or sethe it in fleshe &
suppe of the brothe and it wyll close
well the inwarde membris. Also it
is good agaynste the Strangulyō
and the flux of the same.

Wylde neppe or woodbynde.

This herbe bereth a flower lyke
to the hope and after the flower he
bereth a grene berry/ and it hathe a
greate rote the vertue of the herbe
is mooste in the rote / it is good for
synowes that be drynken or cut to
make them sople and to haue theyr
owne course in theyr proper kynde.
Go to the rote of wylde Neppe that
is lyke woodbynde and make a hole
in the myddes of the rote thā couer
it well agayne that no ayer go out
nor

noꝝ that no rayne go in noꝝ water /
powder noꝝ the sonne come not to
moche to it / let it stāde so al a nyght
a daye / thā after that go to it & thou
shalt fynd therein a certayne lycoure
take out that lycoure with a sponse
and put it in to a cleane glas and do
so euery daye as longe as thou sen-
deste ought in the hole & this muste
be done in the moneth of Apryll oꝝ
Maye / than anoynt the soꝛe there-
with agaynst the fyer / than wete a
lynen clothe in the same lycoure and
lappe it about the soꝛe and it shalbe
hole in shorte space on warantysse
by the grace of god . Foꝝ the govt
a soueraygne medecyne / Take the
rote of wylde Reppe and the rote
of the wild Docke sothen by it selfe
and cut them in thyn peres & pare a
waye the better fynd and cut the in
quarters / thā boyle the in cleane wa-
ter. ii. oꝝ. iiii. houres thā stampe the
in a morter as small as can be / than
pu

put therto a quantyte of sote of a
chymny/ and temper them with the
mylke of a cowe that the here is of
one coloure / than take the pylle of
a man that is fastynge and ma-
ke a playster therof and boyle it to
gyther and as hote as ye maye suf-
fer it laye to the greuance a daye
and a nyght and so do . ix . tymes
and it shall hele the on-warantye
by the grace of god.

Wormewode.

Thys is hote and drye in the . ii .
degre/ it is good for wormes in the
wombe yf it be stamped & the ioyce
tounge out & myngled with swete
mylke and gyue to the pacyent to
drynke & sethe thys herbe in wyne
and make a playster to the wombe.
Make powder of Wormwod/ Cē-
toyr/ Betayn/ of yche lyke moch by
wayght & medle all well togyther/
and þ powder wyll slee wormes in
the wombe both whan it is eten in
k.i. potage

potage & dronken . Also for þe mylke
that is swollē of a colde mater / seth
it in wyne and let the seke drynke
therof and þe shall hele hym / & make
a playster of the substaunce of þe her
be and laye it all hote to thy wombe
agaynst the greuance . Also stampe
Wormwood & temper it with vyne-
ger & with tasted sower brede gro-
unde therwith and with þe ioyce of
Myntes & the ioyce of Plantayne
of eueryche lyke moch and frye the
well togyther than make a playster
& lay it to the mouth of the stomake
and this shall staunche brakyng or
castynge . For wormes in a mānes
eres be it serpēt or erewyge take þe
ioyce of wormwood & put it in þe ere .

Also for the dropsy sethe it in
wyne & gyue the syke to
drynke at moynynge
and euynyng &
it shall helpe
hym . .

**Here begynneth the table
of thys boke**

Agnus castus.	Anabula.
Apium.	Acus demonis
Auetum	Argentilla.
Apumerisus	Acus mustela
Absinthium	Allium
Artamasia	Anisum.
Affodillus	B
Aristologia lon.	Betonia.
Aristologia ro.	Blasompynta.
Abrotinum	Bete
Amelos	Bozogo.
Allecluya	Bugla
Asterion	Burneta
Agrimonía	Bursa pastozis
Auentia.	Bozago silues.
Altea.	Byllyze.
Amarísca.	C
Aurícula muris.	Camamilla
Apium emo.	Calamintum
Apium ranarū.	Crassula maior
tipler do.	Crassula minor
	k.ii.

Citruca.

Centuria ma.

Cetaurea mi.

Cara.

Celidonia

Culamen

Colewortes

Coliandrum

Capillus bene

Crocus

Centonodium

Caprifolium

Canabaria

Costus

Cepe

Columbina

Cominum

Cardiaca

Cisara

Camelon

Cauda pulli

Cabochis

Caulus gallica.

Caulus agrestis

Cimbaria

Consolida ma.

Consolida mi.

Consolida me.

D

Diptanum

Dragancia ma.

Daucus arininus

Dens Leonis

Dens canis

Dens creticus

Dragancia fe.

E

Elena campana

Endiua

Eruca

Eufrasia

Ebulus

Edera

Edera terrestris

Euforbium

Ellebozus albus

Ellebozus niger

Epatica

Erpina

Epulus minor

F

Flaminula
Fumus terre
Frumentum
Fragra
Fabaria maioꝝ.
Fabaria minoꝝ
Filtr.
Filipendula
Feniculum
Farinus
Feniculus pot.
Febusifuga
Filago
Flaminula

G

Gratia dei ma.
Granum
Genestula
Gencianus
Galanca
Granum solis
Gladiolus.

H

Herba cruciata

Herba xpoferi
masculi

Herba xpoferi
femine.

Herba Walteri

Herba Roberti

Herba Martis

Hastuca regia

Herba Petri

Herba iohannis

I

Iusquinianus

Ilopus

Ireos

Iris

Iarus

Iasia nigra

Iasia alba

Ipia maioꝝ

Ipia minoꝝ

Iacinetus

L

Lonisticum

Lingua cerui.

Lilium

Ligustrum	Mozell oz nyght
Lingua Bouis	Madowe.
Lingua serpentis	matoz.
Lingua canis	Mastyke
Lingua hircina	Magerum
Lupinus	Milfolium ma.
Labrum bene.	Motherwozte
Lauendula	Maces
Lactuca	Menta
Lactuca siluati.	M
Lactuca Lepo.	Mur muscata.
Lolium	Mappus
Lappacium ru.	M
Linum	Olibanus.
Lauriola	M
Licozisia	Pruna
Lappa	Piper
Lappa amerla	Pympernell
M	Pulegium
Millefolio	Pencedanum
Mercurialis	Petrocilium
Menta	Peritozum
Meta romana	Pastinaca
Malua	Plantago

ht

Dozum
Peretrum
Papauer
Polipodium
Pienium

Q

Quynquefoyle.

R

Rybwozte
Reed nettell
Rosa
Rosemary
Ruta

S

Sinupium
Smalage
Saluia
Satureia
Saxfrage
Scabiosa.

Sothernewod.

Syngrene
Stytchewozte
Scamony
Sene

Selondine

Sauayne

Scabyous

T

Tapfu barbastus

Towne cresses

U

Upolet

Uua suauis

Ueruayne

W

Water cresses

Wylde neppe

Wozme wod

C f f A f S



Imprynted at

London by my Johan Skot
dwellynge in Pau-
sterlane.



t

